

# Cascade Swim Club

*Home of the 2009 Canadian National Age Group Champions*

PROVINCIAL RECORD RUN



CASCADE SWIM CLUB

2009-2010 SEASON

PROVINCIAL RECORD RUN

#1	TYRA ROONEY	13-14 GIRLS	200 FREESTYLE	SCM	2:02.62	YOUTH CUP	DEC 2009
#2	TYRA ROONEY	13-14 GIRLS	1500 FREESTYLE	SCM	16:43.18	YOUTH CUP	DEC 2009
#3	TYRA ROONEY	13-14 GIRLS	200 FREESTYLE	SCM	2:02.38	BERGEN	DEC 2009
#4	CASCADE TYRA ROONEY, SARAH SUMNER, BROOKLYNN SNODGRASS, EMMA SPROULE	15-17 GIRLS	4X200 FREE RELAY	SCM	8:09.75	BERGEN	DEC 2009
#5	SARAH SUMNER	15-17 GIRLS	400 FREESTYLE	SCM	4:14.04	BERGEN	DEC 2009
#6	TYRA ROONEY	13-14 GIRLS	400 FREESTYLE	SCM	4:15.47	BERGEN	DEC 2009

