

11 & 12 Girls SC

50 Free

1	Brittany Ozar	2003	:28.16
2	Mackenzie Jones	2001	:28.24
3	Jessi Wardale	2001	:28.28
4	Brooklynn Snodgrass	2007	:28.66
5	Hayley Doody	1998	:28.92
6	Michaela Schmidt	1996	:28.99
7	Kelly Doody	1992	:29.06
8	Evangeline Blais	1998	:29.23
9	Amanda Maxey	2000	:29.24
10	Kristy Hickey	1996	:29.25

100 Back

1	Brooklynn Snodgrass	2007	1:06.97
2	Brittany Ozar	2003	1:07.50
3	Evangeline Blais	1997	1:09.36
4	Di-An Ngo	2009	1:10.92
5	Tyra Rooney	2008	1:10.98
6	Rayven Snodgrass	2005	1:11.43
7	Hannah Redden	2008	1:11.76
8	Jillian Tyler	2001	1:11.87
9	Jessi Wardale	2001	1:12.06
10	Rachelle Starratt	1995	1:12.10

100 Fly

1	Brooklynn Snodgrass	2007	1:08.39
2	Mackenzie Jones	2001	1:08.89
3	Lori Eshom	1988	1:10.11
4	Rayven Snodgrass	2005	1:10.37
5	Jodi Hindley	1990	1:10.39
6	Kelly Doody	1992	1:10.58
7	Shayla Pogany	2009	1:10.75
8	Brittany Ozar	2002	1:11.16
9	Samantha Ulich	2002	1:11.31
10	Brooke Whitaker	2006	1:11.80

100 Free

1	Mackenzie Jones	2001	1:01.02
2	Brooklynn Snodgrass	2007	1:01.21
3	Brittany Ozar	2002	1:02.30
4	Kelly Doody	1992	1:02.33
5	Hayley Doody	1998	1:02.90
6	Jessi Wardale	2001	1:03.07
7	Tyra Rooney	2008	1:03.14
8	Rebecca Sayles	2001	1:03.66
9	Jillian Tyler	2001	1:03.73
10	Deanna Depaoli	1985	1:03.86

200 Back

1	Brooklynn Snodgrass	2007	2:21.59
2	Brittany Ozar	2003	2:23.08
3	Evangeline Blais	1997	2:28.43
4	Kelly Doody	1992	2:31.54
5	Hannah Redden	2008	2:31.57
6	Tyra Rooney	2008	2:32.16
7	Di-An Ngo	2009	2:32.17
8	Shayla Pogany	2009	2:32.29
9	Carol Starratt	2000	2:32.50
10	Pam Starratt	2001	2:32.58

200 Fly

1	Lori Eshom	1988	2:31.25
2	Kelsey Myers	2008	2:31.55
3	Jodi Hindley	1990	2:32.99
4	Samantha Ulich	2002	2:34.56
5	Shelbi Snodgrass	2003	2:35.97
6	Doris Ho	1990	2:39.15
7	Jennifer Yanko	1988	2:41.52
8	Kelly Doody	1992	2:41.53
9	Evangeline Blais	1998	2:42.09
10	Erin Holland	1985	2:42.51

200 Free

1	Brittany Ozar	2002	2:11.71
2	Hayley Doody	1998	2:12.91
3	Brooklynn Snodgrass	2007	2:13.06
4	Tyra Rooney	2008	2:14.51
5	Kelly Doody	1992	2:15.18
6	Rebecca Sayles	2001	2:15.49
7	Mackenzie Jones	2001	2:16.29
8	Shayla Pogany	2009	2:17.27
9	Carol Starratt	2000	2:18.34
10	Jessi Wardale	2001	2:18.37

100 Breast

1	Evangeline Blais	1998	1:15.53
2	Shelbi Snodgrass	2003	1:18.35
3	Rayven Snodgrass	2005	1:18.98
4	Tara Hahto	2002	1:19.17
5	Erin Leroux	2002	1:19.21
6	Stephanie Beninger	2001	1:19.44
7	Hayley Doody	1998	1:20.05
8	Shannon Magee	1989	1:20.21
9	Katherine Poole	1990	1:20.81
10	Kelly Doody	1993	1:20.98

200 IM

1	Evangeline Blais	1998	2:26.82
2	Brooklynn Snodgrass	2007	2:29.44
3	Brittany Ozar	2002	2:30.15
4	Kelly Doody	1992	2:31.24
5	Rayven Snodgrass	2005	2:33.00
6	Shelbi Snodgrass	2003	2:33.65
7	Mackenzie Jones	2001	2:34.07
8	Carol Starratt	2000	2:34.63
9	Shannon Magee	1990	2:34.81
10	Hayley Doody	1998	2:35.29

400 Free

1	Brittany Ozar	2002	4:36.10
2	Tyra Rooney	2007	4:39.82
3	Hayley Doody	1998	4:40.78
4	Mackenzie Jones	2001	4:41.52
5	Kelly Doody	1992	4:43.59
6	Anne Krywitsky	2009	4:44.85
7	Erin Holland	1985	4:46.56
8	Kristen MacKay	1986	4:46.90
9	Rebecca Sayles	2001	4:48.46
10	Jodi Hindley	1990	4:48.73

200 Breast

1	Evangeline Blais	1998	2:41.63
2	Erin Leroux	2002	2:46.63
3	Stephanie Beninger	2001	2:46.65
4	Shelbi Snodgrass	2002	2:46.96
5	Tara Hahto	2002	2:48.18
6	Shannon Magee	1989	2:48.72
7	Rayven Snodgrass	2005	2:51.46
8	Kelly Doody	1992	2:53.13
9	Katherine Poole	1990	2:55.57
10	Suzanne Peters	1991	2:55.81

400 IM

1	Brittany Ozar	2002	5:12.61
2	Evangeline Blais	1998	5:14.81
3	Brooklynn Snodgrass	2007	5:15.02
4	Kelly Doody	1992	5:19.00
5	Rayven Snodgrass	2005	5:22.38
6	Mackenzie Jones	2001	5:24.03
7	Shannon Magee	1990	5:25.69
8	Erin Holland	1985	5:26.70
9	Carol Starratt	2000	5:26.82
10	Jodi Hindley	1989	5:28.84

800 Free

1	Brittany Ozar	2003	9:27.32
2	Hayley Doody	1998	9:32.51
3	Tyra Rooney	2008	9:35.19
4	Kristen MacKay	1986	9:46.84
5	Kelly Doody	1992	9:48.30
6	Patti Glover	1978	9:49.31
7	Jessica Warrack	2009	9:53.76
8	Erin Holland	1985	9:54.60
9	Rebecca Sayles	2001	9:54.89
10	Carol Starratt	2000	10:00.29

4 x 50 Free Relay

1	Wardale/Ozar/Gagnon/Jones	2001	1:57.06
2	Jones/Ozar/Hahto/Gagnon	2001	1:58.53
3	Ozar/Snodgrass/VanBerkel/Uhlich	2002	1:58.74
4	SnodgrassB/Mackley/Rooney/Meyer	2007	1:58.87
5	Alberta Provincials	1986	1:59.00
6	Alberta Provincials	1998	1:59.20
7	SnodgrassR/Wood/Murphy/Wong	2005	1:59.66
8	Cascade Speed	1997	2:00.00
9	Alberta Provincials	1999	2:00.55
10	Pham/Krywitsky/Ngo/Meyer	2009	2:00.89

4 x 50 Medley Relay

1	Ozar/Hahto/SnodgrassS/Uhlich	2002	2:12.48
1	Ozar/Hahto/Jones/Gagnon	2001	2:12.48
3	SnodgrassB/Meyer/Mackley/Rooney	2007	2:13.13
4	Wardale/Hahto/Jones/Ozar	2001	2:13.38
5	Alberta Provincials	1998	2:14.47
6	Cascade Speed	1990	2:14.72
7	Alberta Provincials	1999	2:14.77
8	Wardale/Hahto/Sayles/Gagnon	2001	2:14.97
9	Alberta Provincials	1997	2:15.00
10	Wood/SnodgrassR/Clement/Murphy	2005	2:15.33

1500 Free

1	Tyra Rooney	2008	18:01.25
2	Jessica Warrack	2009	18:50.97
3	Brittany Ozar	2002	18:56.63
4	Anne Krywitsky	2009	19:10.24
5	Brooklynn Snodgrass	2006	19:21.90
6	Gabrielle Lanthier	2004	19:52.94
7	Kelsey Myers	2007	20:34.71
8	Shelby Murphy	2005	20:35.25
9	Hannah Chernos	2006	20:39.51
10	Courtney Cowan	2008	20:51.93

4 x 100 Free Relay

1	SnodgrassB/Rooney/Mackley/Robb	2007	4:18.44
2	Murphy/Wong/Wood/SnodgrassR	2005	4:22.60
3	Krywitsky/Pogany/Ngo/Warrack	2009	4:23.71
4	Redden/Myers/Pogany/Krywitsky	2008	4:30.52
5	Rooney/Robb/Myers/Krywitsky	2007	4:30.86
6	SnodgrassB/Bayne/Whitaker/Chernos	2006	4:32.62
7	Whitaker/P/Myers/Redden	2006	4:33.62
8	Thorne/Pham/Slotboom/Meyer	2004	4:36.79
9	Lanthier/Ogg/SnodgrassR/Marsh	2004	4:41.27
10	Cowan/Froese/Wagner/Pratt	2009	4:49.18

4 x 100 Medley Relay

1	SnodgrassB/SnodgrassR/Wood/Murphy	2005	5:00.63
2			
3			
4			
5			
6			
7			
8			
9			
10			

4 x 200 Free Relay

1	Warrack/Pham/Ngo/Cowan	2009	9:55.36
2			
3			
4			
5			
6			
7			
8			
9			
10			

11 & 12 Boys SC

50 Free

1	Anthony Lyons	2009	:26.66
2	James Kendrick	2004	:26.74
3	Garrett Mitchell	1991	:27.08
4	Chase Reid	1998	:27.14
5	Matthew McKay	1985	:27.50
6	Matthew Henderson	1992	:27.64
7	Braden Maybury	2003	:27.86
8	Brett Schmidt	2001	:27.89
9	Graham Doody	1991	:27.96
10	Curtis Myden	1986	:28.03

100 Back

1	Matthew Henderson	1992	1:04.77
2	James Kendrick	2004	1:05.16
3	Garrett Mitchell	1991	1:06.09
4	Pascal Wollach	2000	1:06.92
5	Curtis Myden	1986	1:07.67
6	Braden Maybury	2003	1:07.85
7	Russell Wood	2007	1:08.14
8	Craig Gillis	1996	1:08.25
9	Eduardo Gamboa-Araiza	2009	1:08.62
10	Michael Lowenstein	2003	1:08.65

100 Fly

1	Matthew Henderson	1991	1:05.21
2	Thomas Jobin	2006	1:08.06
3	Garrett Mitchell	1991	1:08.06
4	James Kendrick	2004	1:08.58
5	Craig Gillis	1996	1:08.89
6	Mike Desrochers	1985	1:09.34
7	Callum Ng	1998	1:09.35
8	David Puchyr	1984	1:09.84
9	Michael Lowenstein	2003	1:09.91
10	Braden Maybury	2003	1:10.27

100 Free

1	James Kendrick	2004	:58.23
2	Anthony Lyons	2009	:58.58
3	Chase Reid	1998	:58.94
4	Garrett Mitchell	1991	:59.51
5	Jim Judiesch	2000	:59.76
6	Matthew Henderson	1991	:59.86
7	Braden Maybury	2003	1:00.31
8	Curtis Myden	1986	1:00.40
9	Ken Stairs	2008	1:00.76
10	Brett Schmidt	2001	1:00.77

200 Back

1	Matthew Henderson	1991	2:18.94
2	James Kendrick	2004	2:20.00
3	Eduardo Gamboa-Araiza	2009	2:23.39
4	Adam Maybury	2007	2:24.29
5	Curtis Myden	1986	2:24.50
6	J.T. Smith	1999	2:25.26
7	Kevin Nelson	2006	2:25.50
8	Russell Wood	2007	2:25.76
9	Garrett Mitchell	1991	2:25.92
10	Michael Lowenstein	2003	2:26.57

200 Fly

1	Thomas Jobin	2006	2:27.21
2	Matthew Henderson	1991	2:28.50
3	Sean Gallagher	1980	2:29.08
4	James Kendrick	2004	2:30.41
5	Adam Maybury	2007	2:34.72
6	Callum Ng	1998	2:35.21
7	Kyle Beatty	2009	2:35.25
8	Mike Desrochers	1985	2:35.97
9	David Puchyr	1984	2:36.95
10	Kirk Look	1984	2:37.18

200 Free

1	James Kendrick	2004	2:05.47
2	Jim Judiesch	2000	2:08.72
3	Ken Stairs	2008	2:10.09
4	Matthew Henderson	1991	2:10.72
5	Thomas Jobin	2006	2:10.87
6	Curtis Myden	1986	2:10.90
7	Chase Reid	1998	2:10.94
8	Anthony Lyons	2009	2:11.06
9	Pascal Wollach	2000	2:12.69
10	Sean Gallagher	1980	2:12.75

100 Breast

1	Rodale Estor	2000	1:13.98
2	Chase Reid	1998	1:14.86
3	Ken Stairs	2008	1:15.64
4	Curtis Myden	1986	1:16.71
5	Kris Homell	1997	1:17.18
6	Matthew Henderson	1991	1:17.58
6	Garrett Mitchell	1991	1:18.44
8	Robert Starratt	1997	1:18.44
9	Jeremy Tang	1990	1:20.46
10	Craig Marshall	1991	1:21.52

200 IM

1	Matthew Henderson	1991	2:21.25
2	Curtis Myden	1986	2:24.14
3	Ken Stairs	2008	2:25.97
4	Thomas Jobin	2006	2:29.50
5	James Kendrick	2004	2:29.55
6	Chase Reid	1998	2:29.66
7	Russell Wood	2007	2:30.01
8	Craig Gillis	1986	2:30.35
9	Garrett Mitchell	1991	2:30.55
10	Kyle Beatty	2009	2:31.43

400 Free

1	Curtis Myden	1986	4:25.71
2	James Kendrick	2004	4:30.50
3	Matthew Henderson	1992	4:34.21
4	Kyle Beatty	2009	4:34.50
5	Sean Gallagher	1980	4:36.18
6	Jim Judiesch	2000	4:36.40
7	Connor Bayne	2009	4:37.42
8	Russell Wood	2007	4:38.47
9	Braden Maybury	2003	4:39.06
10	Kevin Nelson	2006	4:39.62

200 Breast

1	Curtis Myden	1986	2:40.03
2	Rodale Estor	2000	2:40.44
3	Ken Stairs	2008	2:40.48
4	Kris Homell	1997	2:45.81
5	Chase Reid	1998	2:48.99
6	Garrett Mitchell	1991	2:50.16
7	Jeremy Tang	1990	2:53.01
8	Cameron Lavalley	1998	2:53.22
9	Robert Starratt	1997	2:53.74
10	Ben Adam	1998	2:54.37

400 IM

1	Curtis Myden	1986	5:00.35
2	Matthew Henderson	1991	5:02.36
3	Thomas Jobin	2006	5:11.00
4	James Kendrick	2004	5:13.27
5	Kyle Beatty	2009	5:16.80
6	Kevin Nelson	2006	5:19.18
7	Marc Boulanger	1986	5:19.79
8	Callum Ng	1998	5:21.01
9	Dustin Warrack	2008	5:21.15
10	Chase Reid	1998	5:22.28

800 Free

1	Kyle Beatty	2009	9:38.17
2	Russell Wood	2006	9:47.59
3	Daniel Pham	2006	9:56.96
4	Kevin Nelson	2006	9:57.31
5	Dustin Warrack	2007	10:03.97
6	Michael Lowenstein	2003	10:21.21
7	James Kendrick	2003	10:24.81
8	Chad Bobrosky	2004	10:33.48
9	Anthony Lyons	2007	10:36.93
10	Shawn Large	2007	10:39.74

4 x 50 Free Relay

1	Lyons/Bayne/Beatty/Gamboa-Araiza	2009	1:54.05
2	Alberta Provincials	1998	1:54.16
3	Alberta Provincials	1991	1:54.51
4	Schmidt/Odger/Kautz/Szoo	2001	1:54.72
5	Youth Cup	1990	1:56.47
6	Man/Sask	2000	1:56.48
7	Mills/Ogg/Jobin/Wood	2006	1:56.63
8	Myers/Nelson/Blattler/Kendrick	2004	1:56.66
9	Alberta Provincials	1997	1:57.22
10	Maxey/Li/Maybury/Dreidger	2002	1:57.24

4 x 50 Medley Relay

1	Man/Sask	1998	2:07.83
2	Man/Sask	2000	2:08.62
3	Gamboa-Araiza/Bayne/Beatty/Lyons	2009	2:08.99
4	Wood/Roestel/Jobin/Mills	2006	2:09.77
5	Ice Classic	2001	2:10.26
6	Schmidt/Macrae/Odger/Szoo	2001	2:10.72
7	Cascade	1995	2:11.21
8	Alberta Provincials	1996	2:11.48
9	Alberta Provincials	1991	2:11.58
10	UCSC Grand Prix	1997	2:11.96

1500 Free

1	Sean Gallagher	1980	17:50.10
2	Russell Wood	2007	18:00.40
3	James Kendrick	2004	18:01.22
4	Dustin Warrack	2008	18:04.86
5	Connor Bayne	2009	18:24.07
6	Kyle Beatty	2008	18:24.17
7	Mark Tewksbury	1980	18:25.76
8	Michael Hamilton	1978	18:27.30
9	Curtis Myden	1986	18:38.95
10	Thomas Jobin	2006	18:43.91

4 x 100 Free Relay

1	Cascade	1998	4:07.99
2	Bayne/Beatty/Lyons/Gamboa-Araiza	2009	4:12.85
3	Mills/Jobin/Nelson/Wood	2006	4:15.89
4	Blattler/Myers/Christmas/JKendrick	2004	4:17.15
5	Stairs/Warrack/Beatty/Large	2008	4:17.71
6	Pham/Wood/Maybury/Nelson	2006	4:18.87
7	Wood/Maybury/Large/Bartel	2007	4:26.23
8	Stairs/Large/Lyons/Warrack	2007	4:27.99
9	Bobrosky/Syroteuk/Jobin/Wood	2005	4:31.33
10	Bannatyne/Ngo/Wong/Ketchin	2009	5:05.33

4 x 100 Medley Relay

1	Cascade	1998	4:43.90
2			
3			
4			
5			
6			
7			
8			
9			
10			

4 x 200 Free Relay

1	Bayne/Beatty/Lyons/Cheung	2009	9:24.07
2			
3			
4			
5			
6			
7			
8			
9			
10			

13 & 14 Girls SC

50 Free

1	Jillian Tyler	2003	:26.95
2	G. Sponheimer	1979	:26.98
3	Desiree Fofie	1997	:27.44
4	Brooklynn Snodgrass	2009	:27.47
5	Samantha Stevenson	1989	:27.48
6	Brittany Ozar	2004	:27.52
7	Michaela Schmidt	1998	:27.54
8	Hayley Doody	2000	:27.59
9	Sari Sippola	1984	:27.75
10	Jennifer Poole	1993	:27.78

100 Back

1	Brooklynn Snodgrass	2009	1:01.19
2	Kelly Doody	1994	1:06.83
3	Brittany Ozar	2004	1:07.25
4	Evangeline Blais	1998	1:07.50
5	Madison Mackley	2009	1:07.56
6	Rayven Snodgrass	2006	1:07.72
7	Carol Starratt	2002	1:07.94
8	Jillian Tyler	2002	1:07.97
9	Michaela Schmidt	1998	1:08.03
10	Hayley Doody	2000	1:08.19

100 Fly

1	Rayven Snodgrass	2007	1:04.42
2	Michaela Schmidt	1998	1:04.84
3	Gabrielle Sponheimer	1979	1:05.99
4	Jillian Tyler	2003	1:06.07
5	Lori Eshom	1990	1:06.34
6	Jodi Hindley	1992	1:06.35
7	Brooklynn Snodgrass	2007	1:06.65
8	Sari Sippola	1984	1:06.66
9	Jennifer Yanko	1989	1:06.67
10	Corissa Reid	1995	1:06.69

100 Free

1	Brooklynn Snodgrass	2009	:58.50
2	G. Sponheimer	1979	:58.59
3	Hayley Doody	2000	:58.94
4	Brittany Ozar	2004	:59.53
5	Jillian Tyler	2003	:59.63
6	Mackenzie Jones	2003	:59.67
7	Kelly Doody	1994	:59.68
8	Sari Sippola	1984	:59.92
9	Tyra Rooney	2009	:59.97
10	Michaela Schmidt	1998	1:00.05

200 Back

1	Brooklynn Snodgrass	2009	2:12.09
2	Madison Mackley	2009	2:18.98
3	Brittany Ozar	2004	2:19.47
4	Rayven Snodgrass	2007	2:23.68
5	Hayley Doody	1999	2:24.33
6	Evangeline Blais	1998	2:24.53
7	Kelly Doody	1994	2:24.60
8	Carol Starratt	2001	2:25.38
9	Shelbi Snodgrass	2005	2:26.58
10	Alison Bayne	2008	2:26.92

200 Fly

1	Jodi Hindley	1992	2:22.23
2	Lori Eshom	1990	2:22.40
3	Jennifer Yanko	1989	2:23.64
4	Serena Copenace	1985	2:25.00
5	Brooklynn Snodgrass	2009	2:25.38
6	Jillian Tyler	2003	2:26.11
7	Kelsey Myers	2009	2:26.40
8	E. Evanoff	1979	2:27.00
9	Miranda Halasz	2003	2:27.64
10	Corissa Reid	1996	2:27.96

200 Free

1	Brooklynn Snodgrass	2008	2:05.03
2	Tyra Rooney	2009	2:05.37
3	Hayley Doody	2000	2:05.76
4	Serena Copenace	1985	2:06.52
5	Brittany Ozar	2004	2:07.84
6	Madison Mackley	2009	2:08.02
7	Gabrielle Sponheimer	1979	2:08.60
8	Jodi Hindley	1991	2:09.18
9	Jillian Tyler	2003	2:09.61
10	Sari Sippola	1984	2:09.71

100 Breast

1	Shelbi Snodgrass	2004	1:14.02
2	Evangeline Blais	1998	1:14.87
3	Shannon Magee	1991	1:15.45
4	Stephanie Beninger	2002	1:15.99
5	Rosalyn Richardson	2008	1:16.28
6	Tara Hahto	2002	1:16.70
7	Carol Starratt	2001	1:16.91
8	Susan Malcolm	1985	1:17.10
9	Meagan Sinclair	1999	1:17.60
10	Amanda Velcic	1995	1:17.75

200 IM

1	Brooklynn Snodgrass	2009	2:16.96
2	Kelly Doody	1994	2:20.83
3	Brittany Ozar	2004	2:21.89
4	Shelbi Snodgrass	2005	2:23.33
5	Rayven Snodgrass	2007	2:24.04
6	Hayley Doody	2000	2:24.92
7	Hailee Traa	2003	2:26.07
8	Evangeline Blais	1999	2:26.25
9	Michaela Schmidt	1998	2:26.79
10	Jennifer Yanko	1989	2:27.21

400 Free

1	Tyra Rooney	2009	4:15.79
2	Hayley Doody	2000	4:21.83
3	Serena Copenace	1985	4:22.10
4	Madison Mackley	2009	4:23.76
5	Brittany Ozar	2004	4:24.24
6	Brooklynn Snodgrass	2008	4:27.42
7	Hailee Traa	2002	4:29.09
8	Gabrielle Sponheimer	1979	4:29.60
9	Celeina Chowanetz	2007	4:29.62
10	Michaela Schmidt	1998	4:35.73

200 Breast

1	Shelbi Snodgrass	2004	2:37.96
2	Evangeline Blais	1998	2:41.06
3	Stephanie Beninger	2002	2:41.45
4	Carol Starratt	2001	2:42.80
5	Rosalyn Richardson	2008	2:43.64
6	Shannon Magee	1991	2:43.93
7	Meagan Sinclair	1999	2:44.31
8	Tara Hahto	2002	2:45.02
9	Rayven Snodgrass	2006	2:45.10
10	Elena Evanoff	1979	2:46.30

400 IM

1	Brooklynn Snodgrass	2009	4:49.15
2	Serena Copenace	1985	4:56.16
3	Kelly Doody	1994	4:57.03
4	Brittany Ozar	2004	5:00.04
5	Rayven Snodgrass	2007	5:05.54
6	Shelbi Snodgrass	2005	5:06.74
7	Hailee Traa	2003	5:07.96
8	Jennifer Yanko	1989	5:08.33
9	Evangeline Blais	1998	5:08.43
10	Hayley Doody	2000	5:09.00

800 Free

1	Tyra Rooney	2009	8:45.70
2	Hayley Doody	2000	9:03.68
3	Serena Copenace	1985	9:08.69
4	Brittany Ozar	2004	9:11.22
5	Hailee Traa	2002	9:16.20
6	Madison Mackley	2009	9:18.10
7	Celeina Chowanetz	2008	9:21.54
8	Gabrielle Sponheimer	1979	9:22.50
9	Jodi Hindley	1992	9:26.49
10	Kelsey Myers	2009	9:27.92

4 x 50 Free Relay

1	Jones/StarrattC/Wardale/Tyler	2002	1:50.96
2	Mackley/Myers/Rooney/SnodgrassB	2009	1:51.50
3	Cascade Speed	1999	1:52.21
4	Devolin/SnodgrassB/Rooney/Mackley	2009	1:53.05
5	Ice Classic	2001	1:53.06
6	Man/Sask	1998	1:53.87
7	Cascade Speed	1994	1:53.94
8	Ice Classic	2001	1:54.21
9	SnodgrassR/Wood/Bayne/Sproule	2007	1:54.75
10	Alberta Provincials	2000	1:55.12

4 x 50 Medley Relay

1	SnodgrassB/Meyer/Rooney/Mackley	2009	2:03.01
2	Cascade Speed	1999	2:04.92
3	Tyler/Starratt/Jones/Wardale	2002	2:05.69
4	Ice Classic	2001	2:06.07
5	Alberta Provincials	1998	2:06.46
6	Sproule/Richardson/SnodgrassR/Wood	2007	2:06.87
7	Cascade Speed	1992	2:06.95
8	Cascade Speed	1994	2:07.24
9	Tyler/Starratt/Maxe/Sayles	2001	2:07.96
10	Alberta Provincials	2000	2:08.14

1500 Free

1	Tyra Rooney	2009	16:44.43
2	Brittany Ozar	2004	17:58.66
3	Celeina Chowanetz	2008	18:10.01
4	Kelsey Myers	2009	18:36.08
5	Ellen Pennock	2007	18:41.94
6	Caroline Gagnon	2003	19:01.70
7	Emma Sproule	2006	19:03.52
8	Alana Wood	2007	19:07.00
9	Brooke Whitaker	2008	19:14.39
10	Erika Carlsen	2003	19:30.00

4 x 100 Free Relay

1	Rooney/Mackley/Myers/SnodgrassB	2009	4:00.89
2	SnodgrassR/Wood/Chowanetz/Sproule	2007	4:06.67
3	SnodgrassB/Bayne/Chowanetz/Rooney	2008	4:07.49
4	Bayne/Chowanetz/SnodgrassR/Sproule	2007	4:09.52
5	Ozar/Johnson/SnodgrassS/Vanberkel	2004	4:12.99
6	Wood/Murphy/Sproule/Bayne	2006	4:13.77
7	SnodgrassR/Wood/Murphy/Sproule	2006	4:13.92
8	Thorne/Meyer/Devolin/Redden	2009	4:17.06
9	SnodgrassS/King/Bobrosky/Thibault	2005	4:22.37
10			

4 x 100 Medley Relay

1			
2			
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4 x 200 Free Relay

1	Mackley/Rooney/Myers/SnodgrassB	2009	9:01.59
2	Grant/Redden/Thorne/Meyer	2009	9:51.25
3			
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7			
8			
9			
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13 & 14 Boys SC

50 Free

1	Ian Grotkowski	1997	:25.14
2	James Kendrick	2006	:25.30
3	Taylor Maxey	2004	:25.41
4	Graeme Tozer	1999	:25.50
5	Thomas Jobin	2008	:25.52
6	Russell Wood	2009	:25.56
7	Curtis Myden	1988	:25.63
8	Daniel Pham	2008	:25.77
9	Chase Reid	1999	:25.78
10	Corey Mills	2008	:25.85

100 Back

1	Chris Renaud	1991	1:00.18
2	Thomas Jobin	2008	1:00.41
3	Taylor Maxey	2004	1:00.53
4	James Kendrick	2006	1:00.82
5	Pascal Wollach	2002	1:00.93
6	Adam Maybury	2008	1:01.00
7	Russell Wood	2009	1:01.08
8	Zak Robart	1999	1:01.75
9	Craig Gillis	1998	1:02.14
10	Adam Martinson	1999	1:02.29

100 Fly

1	Thomas Jobin	2008	:59.05
2	Sean Gallagher	1982	:59.70
3	Adam Maybury	2009	1:00.88
4	Curtis Myden	1988	1:01.39
5	Ian Grotkowski	1997	1:02.36
5	Braden Maybury	2004	1:02.36
7	Taylor Maxey	2004	1:02.40
8	Matthew Henderson	1993	1:02.48
9	Scott Issac	1983	1:02.70
10	Mike Desrochers	1988	1:02.83

100 Free

1	James Kendrick	2006	:53.91
2	Russell Wood	2009	:54.67
3	Taylor Maxey	2004	:55.03
4	Pascal Wollach	2002	:55.06
5	Ian Grotkowski	1997	:55.13
6	Chad Bobrosky	2007	:55.17
7	Graeme Tozer	1999	:55.18
8	Corey Mills	2008	:55.20
9	Craig Gillis	1998	:55.33
10	Curtis Myden	1988	:55.57

200 Back

1	Adam Maybury	2009	2:07.06
2	James Kendrick	2006	2:09.83
3	Thomas Jobin	2008	2:10.80
4	Chris Renaud	1991	2:11.16
5	Russell Wood	2009	2:11.99
6	Craig Gillis	1998	2:12.10
7	Adam Martinson	1999	2:12.14
8	Pascal Wollach	2002	2:12.27
9	Taylor Maxey	2004	2:12.33
10	Chad Bobrosky	2007	2:13.13

200 Fly

1	Thomas Jobin	2008	2:05.46
2	Adam Maybury	2009	2:14.22
3	Scott Issac	1983	2:16.70
4	Michael Woolhouse	1983	2:16.93
5	Mike Desrochers	1987	2:17.24
6	Craig Gillis	1998	2:17.85
7	Matthew Henderson	1993	2:18.14
8	Shane Esau	1979	2:19.40
9	Ryan Remington	1996	2:19.62
10	Braden Maybury	2004	2:19.65

200 Free

1	Thomas Jobin	2008	1:55.74
2	James Kendrick	2006	1:55.78
3	Curtis Myden	1988	1:56.96
4	Sean Gallagher	1982	1:58.32
5	Chad Bobrosky	2007	1:58.94
6	Pascal Wollach	2002	1:59.59
7	Craig Gillis	1998	1:59.63
8	Russell Wood	2008	1:59.87
9	Taylor Maxey	2004	2:00.26
10	Corey Mills	2008	2:00.28

100 Breast

1	Rodale Estor	2002	1:06.65
2	Curtis Myden	1988	1:09.01
3	Ted Murphy	1989	1:10.09
4	Kris Homell	1998	1:10.33
5	Sean Koeller	1985	1:10.94
6	Christopher Dalen	2007	1:11.25
7	Mike Yuzwa	1997	1:11.41
8	Craig Marshall	1993	1:11.43
9	Adam MacPherson	1993	1:11.67
10	Chase Reid	2000	1:11.85

200 IM

1	Curtis Myden	1988	2:10.71
2	Russell Wood	2009	2:12.98
3	Adam Maybury	2009	2:14.53
4	Thomas Jobin	2007	2:14.70
5	Craig Gillis	1998	2:16.21
6	Matthew Henderson	1994	2:16.94
7	Chris Renaud	1991	2:17.48
8	Corey Mills	2008	2:17.68
9	Zak Robart	1999	2:17.79
10	Pascal Wollach	2002	2:18.28

400 Free

1	Thomas Jobin	2008	4:03.66
2	Curtis Myden	1988	4:05.11
3	Sean Gallagher	1982	4:08.06
4	Russell Wood	2008	4:09.39
5	James Kendrick	2006	4:09.48
6	Chad Bobrosky	2007	4:10.37
7	Pascal Wollach	2002	4:12.44
8	Corey Mills	2008	4:15.80
9	Patrick Goral	1993	4:16.28
10	Craig Gillis	1998	4:16.84

200 Breast

1	Rodale Estor	2002	2:26.47
2	Curtis Myden	1988	2:29.28
3	Kris Homell	1998	2:30.46
4	Ted Murphy	1989	2:33.30
5	Mike Yuzwa	1997	2:33.55
6	Christopher Dalen	2007	2:34.64
7	Sean Koeller	1985	2:34.65
8	Ken Stairs	2009	2:35.92
9	Russell Wood	2009	2:36.25
10	Thomas Wagner	2007	2:36.40

400 IM

1	Curtis Myden	1988	4:35.41
2	Russell Wood	2009	4:35.69
3	Adam Maybury	2009	4:40.46
4	Thomas Jobin	2007	4:42.25
5	James Kendrick	2006	4:48.88
6	Craig Gillis	1998	4:49.68
7	Pascal Wollach	2002	4:51.04
8	Corey Mills	2008	4:51.64
9	Chad Bobrosky	2007	4:52.41
10	Matthew Henderson	1994	4:52.47

800 Free

1	Russell Wood	2009	8:25.08
2	Thomas Jobin	2008	8:29.46
3	Chad Bobrosky	2007	8:43.51
4	Corey Mills	2007	8:49.99
5	Kevin Nelson	2008	8:51.36
6	Tom Krywitsky	2006	9:01.04
7	Ken Stairs	2009	9:03.77
8	Taylor Maxey	2003	9:25.33
9	Adam Maybury	2007	9:30.12
10	Daniel Pham	2007	9:32.41

4 x 50 Free Relay

1	Alberta Provincials	1999	1:43.27
2	Alberta Provincials	1997	1:44.42
3	Alberta Provincials	1991	1:44.48
4	Jobin/Pham/Wood/Mills	2008	1:44.56
5	Wood/Stairs/Maybury/Lyons	2009	1:44.96
6	Wollach/Judiesch/Estor/Jarvis	2002	1:45.02
7	Myers/Kendrick/Krywitsky/Chow	2006	1:45.04
8	Doerksen/Odger/Maxey/Michie	2003	1:45.32
9	Kamloops Ice Classic	2000	1:45.53
10	Alberta Provincials	1993	1:45.74

4 x 50 Medley Relay

1	Alberta Provincials	1999	1:54.89
2	Wollach/Estor/Judiesch/Jarvis	2002	1:55.47
3	Alberta Provincials	1991	1:55.49
4	Wood/Stairs/Maybury/Lyons	2009	1:55.82
5	Alberta Provincials	2000	1:56.05
6	Alberta Provincials	1997	1:56.34
7	Wood/Maybury/Jobin/Mills	2008	1:56.38
8	Wood/Maybury/Nelson/Pham	2008	1:57.90
9	Alberta Provincials	1988	1:57.94
10	Kamloops Ice Classic	2001	1:58.23

1500 Free

1	Russell Wood	2009	16:06.27
2	Sean Gallagher	1982	16:19.25
3	Thomas Jobin	2008	16:20.75
4	Chad Bobrosky	2007	16:26.53
5	Graeme Tozer	1999	16:37.27
6	Curtis Myden	1988	16:40.07
7	Shane Esau	1979	16:52.30
8	Anton Blais	1998	16:58.30
9	Tom Krywitsky	2006	16:58.50
10	Pascal Wollach	2001	16:58.94

4 x 100 Free Relay

1	Mills/Pham/Maybury/Jobin	2008	3:45.41
2	Wood/Stairs/Warrack/Maybury	2009	3:48.61
3	Mills/Bobrosky/Pham/Jobin	2007	3:50.65
4	Jkendrick/Stenhouse/Myers/Chow	2006	3:50.66
5	Maybury/McAuley/MKendrick/Maxey	2004	3:51.39
6	Pham/Mills/Jobin/Bobrosky	2007	3:54.44
7	Jobin/Blattler/Mills/Krywitsky	2006	3:58.50
8	Szoo/Krysiak/Fung/Godfrey	2005	4:04.19
9			
10			

4 x 100 Medley Relay

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2			
3			
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4 x 200 Free Relay

1	Wood/Nelson/Warrack/Maybury	2009	8:26.23
2			
3			
4			
5			
6			
7			
8			
9			
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15 - 17 Girls SC

50 Free

1	Kirsten Pomerleau	2005	:25.80
2	Seanna Mitchell	2005	:26.06
3	Sarah Sumner	2009	:26.29
4	Jillian Tyler	2005	:26.46
5	Michaela Schmidt	2000	:26.89
6	Jane Watson	1998	:26.95
7	Hayley Doody	2000	:26.95
8	Desiree Fofie	1997	:27.04
9	Kristin Pomerleau	2005	:27.14
10	Pamela Starratt	2006	:27.15

100 Back

1	Brooklynn Snodgrass	2009	1:01.22
2	Kirsten Pomerleau	2005	1:02.41
3	Seanna Mitchell	2006	1:03.79
4	Jillian Tyler	2005	1:04.07
5	Michaela Schmidt	2000	1:04.26
6	Jodi Hindley	1994	1:05.53
7	Stacy Cormack	2002	1:06.20
8	Kelly Doody	1997	1:06.21
9	Rayven Snodgrass	2008	1:06.27
10	Shelbi Snodgrass	2008	1:06.64

100 Fly

1	Michaela Schmidt	2000	1:01.49
2	Jillian Tyler	2005	1:02.15
3	Sarah Sumner	2009	1:02.17
4	Sarah Stansbury	1997	1:02.77
5	Hayley Doody	2002	1:02.85
6	Rayven Snodgrass	2008	1:03.80
7	Barb Clark	1975	1:04.00
8	Lori Eshom	1991	1:04.52
9	Juliana Heinz	2002	1:04.59
10	Kristin Pomerleau	2005	1:04.91

100 Free

1	Sarah Sumner	2009	:55.23
2	Kirsten Pomerleau	2004	:56.31
3	Seanna Mitchell	2005	:56.39
4	Barb Clark	1975	:57.21
5	Jillian Tyler	2005	:57.68
6	Hayley Doody	2001	:57.95
7	Michaela Schmidt	2001	:58.20
8	Megan Gillis	1995	:58.56
9	Trish Stoutenberg	1997	:58.62
10	Jane Watson	1998	:58.91

200 Back

1	Brooklynn Snodgrass	2009	2:10.10
2	Kirsten Pomerleau	2004	2:15.83
3	Michaela Schmidt	1999	2:17.01
4	Seanna Mitchell	2006	2:17.23
5	Rayven Snodgrass	2009	2:17.99
6	Jillian Tyler	2005	2:19.39
7	Sasha Sproule	2008	2:19.41
8	Hayley Doody	2000	2:20.64
9	Stacy Cormack	2002	2:20.80
10	Kelly Doody	1996	2:20.81

200 Fly

1	Michaela Schmidt	2000	2:15.74
2	Sarah Stansbury	1997	2:18.16
3	Hayley Doody	2001	2:18.61
4	Ally Jack	2004	2:19.64
5	Seanna Mitchell	2006	2:20.44
5	Jillian Tyler	2005	2:20.44
7	Lori Eshom	1991	2:21.05
8	Jennifer Yanko	1993	2:21.18
9	Jodi Hindley	1994	2:21.26
10	Jessica Johnson	2007	2:22.58

200 Free

1	Sarah Sumner	2009	1:59.81
2	Seanna Mitchell	2006	2:02.73
3	Hayley Doody	2001	2:02.80
4	Jillian Tyler	2005	2:03.21
5	Kirsten Pomerleau	2005	2:03.47
6	Stacey Cormack	2001	2:07.10
7	Emma Sproule	2009	2:07.19
8	Megan Gillis	1995	2:07.21
9	Kristin Pomerleau	2005	2:07.69
10	Karen Fahrni	2000	2:08.34

100 Breast

1	Jillian Tyler	2005	1:08.84
2	Sarah Sumner	2008	1:12.03
3	Meagan Sinclair	2000	1:12.65
4	Shelbi Snodgrass	2007	1:14.00
5	Kelly Doody	1997	1:14.04
6	Rosalyn Richardson	2009	1:14.66
7	Stephanie Beninger	2003	1:14.94
8	Katherine Poole	1993	1:15.22
9	Carol Starratt	2003	1:15.42
10	Katherine Cochrane	2000	1:15.58

200 IM

1	Jillian Tyler	2005	2:15.14
2	Seanna Mitchell	2006	2:16.86
3	Sarah Sumner	2009	2:17.79
4	Kirsten Pomerleau	2005	2:19.12
5	Shelbi Snodgrass	2008	2:19.26
6	Kelly Doody	1997	2:19.89
7	Rayven Snodgrass	2009	2:20.06
8	Hayley Doody	2001	2:21.30
9	Michaela Schmidt	2001	2:21.47
10	Jessica Johnson	2007	2:22.11

400 Free

1	Hayley Doody	2001	4:16.75
2	Stacy Cormack	2002	4:22.65
3	Emma Sproule	2009	4:24.83
4	Alana Wood	2009	4:25.88
5	Seanna Mitchell	2006	4:27.01
6	Jillian Tyler	2004	4:27.05
7	Shelbi Snodgrass	2008	4:27.98
8	Megan Gillis	1995	4:28.51
9	Hailee Traa	2004	4:29.09
10	Sandy Finn	1996	4:29.90

200 Breast

1	Jillian Tyler	2005	2:28.11
2	Meagan Sinclair	1999	2:32.28
3	Sarah Sumner	2008	2:35.64
4	Shelbi Snodgrass	2006	2:36.00
5	Kelly Doody	1997	2:36.14
6	Stephanie Beninger	2004	2:39.52
7	Rosalyn Richardson	2009	2:39.54
8	Katherine Cochrane	2000	2:39.93
9	Carol Starratt	2003	2:41.19
10	Jessica Johnson	2004	2:44.31

400 IM

1	Brooklynn Snodgrass	2009	4:45.22
2	Shelbi Snodgrass	2008	4:52.75
3	Jillian Tyler	2005	4:54.10
4	Kelly Doody	1995	4:56.66
5	Sandy Finn	1997	4:57.86
6	Jessica Johnson	2007	4:59.07
7	Meagan Sinclair	2002	5:00.39
8	Michaela Schmidt	1999	5:00.64
9	Sarah Stansbury	1997	5:01.21
10	Seanna Mitchell	2006	5:02.22

800 Free

1	Hayley Doody	2002	8:49.36
2	Stacy Cormack	2002	9:01.53
3	Tara Bourque	1998	9:08.84
4	Megan Gillis	1996	9:13.49
5	Serena Copenace	1985	9:15.09
6	Emma Sproule	2009	9:17.24
7	Shelbi Snodgrass	2008	9:18.34
8	Karen Fahrni	2000	9:19.19
9	Pamela Starratt	2004	9:21.23
10	Celeina Chowanetz	2009	9:23.27

4 x 50 Free Relay

1	Westerns	2005	1:46.11
2	Behl/Watson/Bourque/Schmidt	1999	1:48.83
3	Alberta Provincials	1998	1:49.15
4	Alberta Provincials	1997	1:49.24
5	Sumner/SnodgrassR/Murphy/Sproule	2009	1:51.55
6	Alberta Provincials	1994	1:51.59
7	Alberta Provincials	2000	1:51.63
8	Nationals	1991	1:52.11
9	Cascade Speed	1995	1:52.67
10	Kamloops Ice Classic	2001	1:53.31

4 x 50 Medley Relay

1	Pomerleau/Tyler/Pomerleau/Starratt	2005	1:56.64
2	Schmidt/Watson/Stansbury/Bourque	1999	2:00.56
3	Alberta Provincials	1997	2:01.02
4	PWI	1998	2:02.59
5	Cascade Speed	1995	2:05.04
6	SnodgrassR/Richardson/Sumner/SprouleE	2009	2:05.18
7	Racer Swim Fast	1993	2:05.65
8	Goldfin Invitational	2000	2:05.91
9	Westerns	1992	2:06.49
10	Westerns / Cascade Speed	1991 / 1994	2:06.52

1500 Free

1	Celeina Chowanetz	2009	17:35.69
2	Hailee Traa	2003	17:43.27
3	Pamela Starratt	2004	17:51.13
4	Alana Wood	2009	17:52.51
5	Ellen Pennock	2009	17:56.15
6	Emma Sproule	2009	17:56.51
7	Danielle Bobrosky	2008	18:07.02
8	Hannah Chernos	2009	18:38.04
9	Carol Starratt	2003	18:42.11
10	Rebecca Sayles	2003	18:45.12

4 x 100 Free Relay

1	PomerleauK/Tyler/PomerleauK/Starratt	2005	3:52.17
2	Sumner/SnodgrassB/SnodgrassR/Rooney	2009	3:52.78
3	Tyler/StarrattC/Leroux/StarrattP	2004	3:58.88
4	SnodgrassR/Snodgrass/SnodgrassB/SprouleE	2008	4:00.50
5	Murphy/Wood/Bayne/Chowanetz	2008	4:03.86
6	Martin/Monzingo/Beninger/Leroux	2003	4:11.05
7			
8			
9			
10			

4 x 100 Medley Relay

1	SnodgrassB/Sumner/SnodgrassR/Rooney	2009	4:13.12
2	PomerleauK/Tyler/PomerleauK/Starratt	2005	4:14.66
3	SnodgrassB/Snodgrass/SnodgrassR/SprouleE	2008	4:24.61
4	StarrattC/Tyler/Halasz/StarrattP	2004	4:29.40
5	SprouleE/Richardson/Chowanetz/Murphy	2009	4:32.06
6	SprouleS/Richardson/Wood/Murphy	2008	4:32.65
7	Myers/Lata/Pennock/Murphy	2009	4:39.66
8	Redden/Lata/Derosa/Pennock	2009	4:44.03
9	Deliu/Manning/Chernos/Slotboom	2009	4:58.26
10			

4 x 200 Free Relay

1	SnodgrassB/Sumner/SprouleE/SnodgrassR	2009	8:23.64
2	SnodgrassS/SnodgrassB/SnodgrassR/SprouleE	2008	8:38.28
3	Chowanetz/Murphy/Bayne/Pennock	2009	8:47.03
4	Chowanetz/Bayne/Murphy/Pennock	2009	8:50.48
5	SnodgrassR/Sumner/Wood/SprouleE	2009	9:02.79
6	Chernos/Lata/Redden/Richardson	2009	9:10.63
7	Derosa/Manning/Deliu/Slotboom	2009	9:20.53
8	Murphy/Chowanetz/Richardson/Bayne	2009	9:26.72
9			
10			

15 - 17 Boys SC

50 Free

1	James Kendrick	2009	:23.69
1	Trevor Neufeld	2002	:23.69
3	Barnabe Charmey	2009	:23.81
4	Daniel Blattler	2008	:23.82
5	Matthew Tomasson	1994	:23.87
6	Ted Murphy	1991	:24.16
7	Mark Ritchie	1995	:24.30
8	James Hibberd	1999	:24.43
9	Gavin Carscallen	1995	:24.45
10	Darcy Mork	1985	:24.52

100 Back

1	Callum Ng	2003	:55.15
2	Adam Martinson	2002	:56.82
3	James Kendrick	2009	:57.32
4	Pascal Wollach	2004	:57.36
5	Karl Wolk	2007	:57.52
6	Craig Gillis	2000	:57.89
7	Barnabe Charmey	2009	:57.95
8	Aaron Blair	2002	:58.21
9	Chris Renaud	1992	:58.31
10	Braden Maybury	2008	:58.41

100 Fly

1	Karl Wolk	2009	:53.36
2	Thomas Jobin	2009	:54.17
3	Callum Ng	2003	:56.18
4	Craig Gillis	2000	:56.50
5	Robert Ansell	1980	:56.90
6	Gavin Carscallen	1995	:57.01
7	Adam Martinson	2002	:57.10
8	Nathan Lefsrud	2006	:57.72
9	Derek Doerksen	2006	:58.01
10	Adam Kautz	2006	:58.05

100 Free

1	Karl Wolk	2009	:50.39
2	Trevor Neufeld	2002	:51.37
3	James Kendrick	2009	:51.61
4	Daniel Blattler	2008	:51.79
5	Matthew Tomasson	1994	:51.97
6	Chad Bobrosky	2009	:52.14
7	Barnabe Charmey	2009	:52.18
8	Pascal Wollach	2004	:52.46
9	Tom Krywitsky	2009	:52.80
10	Ian Grotkowsky / Ted Murphy	1998 / 1992	:52.93

200 Back

1	Karl Wolk	2009	1:58.80
2	Adam Martinson	2002	2:02.21
3	Callum Ng	2002	2:02.84
4	Craig Gillis	2000	2:02.94
5	Derek Doerksen	2006	2:03.19
6	Pascal Wollach	2004	2:03.67
7	Chad Bobrosky	2009	2:04.28
8	Nathan Lefsrud	2006	2:04.33
9	Aaron Blair	2002	2:04.58
10	Patrick Goral	1995	2:04.95

200 Fly

1	Thomas Jobin	2009	1:57.67
2	Karl Wolk	2009	1:57.78
3	Callum Ng	2002	2:03.29
4	Adam Martinson	2002	2:05.77
5	Braden Maybury	2007	2:05.89
6	Robert Ansell	1980	2:06.11
7	Matthew Henderson	1996	2:06.53
8	Adam Kautz	2006	2:06.63
9	Scott Issac	1985	2:07.73
10	Craig Gillis	2000	2:08.21

200 Free

1	Karl Wolk	2009	1:47.46
2	Chad Bobrosky	2009	1:48.30
3	James Kendrick	2009	1:51.34
3	Joel Greenshields	2004	1:51.34
5	Pascal Wollach	2004	1:51.51
6	Aaron Blair	2002	1:53.44
7	Thomas Jobin	2009	1:54.09
8	Darcy Mork	1985	1:54.60
9	Corey Mills	2009	1:54.65
10	Tom Krywitsky	2008	1:54.67

100 Breast

1	Christopher Dalen	2009	1:04.64
2	Adam Szoo	2006	1:05.40
3	Thomas South	2000	1:06.39
4	Randy Feddersen	1986	1:06.57
5	Mike Yuzwa	2000	1:06.67
6	Chris Peck	1989	1:06.69
7	Curtis Myden	1989	1:06.74
8	Derek Desrochers	1993	1:06.81
9	Ted Murphy	1992	1:07.07
10	Callum Ng	2002	1:07.21

200 IM

1	Callum Ng	2002	2:04.78
2	Craig Gillis	2000	2:05.40
3	Curtis Myden	1990	2:05.69
4	Adam Szoo	2006	2:06.76
5	Matthew Henderson	1996	2:07.55
6	Chad Bobrosky	2009	2:07.99
7	Joel Greenshields	2004	2:08.52
8	Thomas Jobin	2009	2:10.41
9	Adam Martinson	2001	2:10.58
10	Ian Wilson	1996	2:10.63

400 Free

1	Chad Bobrosky	2009	3:48.81
2	Karl Wolk	2008	3:54.29
3	Tom Krywitsky	2009	3:56.67
4	Pascal Wollach	2004	3:57.25
5	James Kendrick	2007	3:57.61
6	Thomas Jobin	2009	3:57.98
7	Aaron Blair	2002	3:59.04
8	Patrick Goral	1995	4:01.18
9	Curtis Myden	1990	4:01.45
10	Braden Maybury	2008	4:02.70

200 Breast

1	Christopher Dalen	2009	2:17.40
2	Adam Szoo	2006	2:19.44
3	Thomas South	2000	2:21.14
4	Thomas Wagner	2009	2:23.37
5	Chris Peck	1989	2:23.58
6	Ted Murphy	1992	2:23.78
7	Curtis Myden	1989	2:25.64
8	Mike Yuzwa	2000	2:25.95
9	Callum Ng	2002	2:26.49
10	Derek Desrochers	1993	2:26.74

400 IM

1	Chad Bobrosky	2009	4:22.94
2	Curtis Myden	1989	4:26.76
3	Callum Ng	2002	4:27.53
4	Matthew Henderson	1996	4:30.87
5	Adam Szoo	2005	4:32.17
6	Ian Wilson	1996	4:32.70
7	Joel Greenshields	2004	4:36.15
8	Aaron Blair	2002	4:37.85
9	Adam Kautz	2006	4:38.19
10	Craig Gillis	1999	4:38.37

800 Free

1	Chad Bobrosky	2009	7:52.53
2	Tom Krywitsky	2009	8:11.73
3	Pascal Wollach	2004	8:14.72
4	Karl Wolk	2008	8:15.35
5	James Kendrick	2008	8:20.42
6	Corey Mills	2009	8:27.87
7	Joel Greenshields	2004	8:31.60
8	Braden Maybury	2008	8:32.43
9	Scott Stewart	2008	8:34.01
10	Barnabe Charmey	2009	8:41.57

4 x 50 Free Relay

1	Krywitsky/Mills/Bobrosky/Jobin	2009	1:37.18
2	Alberta Provincials	1995	1:38.14
3	Kendrick/Doerksen/Szoo/Kendrick	2006	1:38.72
4	Ng/Maxeey/Reid/Blair	2001	1:38.81
5	PWT	1999	1:39.11
6	Greenshields/Wollach/Jarvis/Doerksen	2004	1:39.13
7	Charmey/Krywitsky/Myers/Jobin	2009	1:39.15
8	Bobrosky/Jobin/Mills/Krywitski	2008	1:39.29
9	Jarvis/Doerksen/Kautz/Szoo	2005	1:39.51
10	Alberta Provincials	1991	1:39.56

4 x 50 Medley Relay

1	Doerksen/Szoo/Kautz/KendrickJ	2006	1:49.02
2	Kamloops Ice Classic	2001	1:49.08
3	Alberta Provincials	1995	1:49.25
4	Myers/Dalen/Wolk/Charmey	2008	1:49.25
5	PWT	1999	1:50.12
6	Myers/Dalen/Jobin/Charmey	2009	1:50.63
7	Kamloops Ice Classic	2000	1:50.72
8	Lefsrud/Szoo/Kautz/Doerksen	2005	1:50.79
9	Alberta Provincials	1994	1:51.01
10	Myers/Bobrosky/Mills/Charmey	2008	1:51.09

1500 Free

1	Chad Bobrosky	2009	15:19.95
2	Pascal Wollach	2004	15:31.15
3	Tom Krywitsky	2009	15:42.18
4	Karl Wolk	2009	15:42.39
5	Chris Peck	1989	15:59.08
6	Aaron Blair	2002	16:00.94
7	Pascal Wollach	2003	16:03.54
8	Matthew Henderson	1996	16:05.41
9	Matthew DeMaere	1989	16:17.71
10	Colin Halford	1999	16:20.19

4 x 100 Free Relay

1	Wolk/KendrickJ/Charmey/Bobrosky	2009	3:23.54
2	Blattler/Maybury/Wolk/KendrickJ	2008	3:26.54
3	Wolk/Bobrosky/Charmey/KendrickJ	2009	3:27.31
4	Jobin/Bobrosky/Krywitsky/Charmey	2009	3:31.29
5	Mills/Myers/Krywitsky/Jobin	2009	3:34.36
6	Jarvis/Kautz/Szoo/Doerksen	2005	3:37.14
7	Dalen/Maybury/Nelson/Chow	2009	3:50.75
8	Windsor/Nelson/Pham/Chow	2009	3:52.35
9			
10			

4 x 100 Medley Relay

1	KendrickJ/Dalen/Jobin/Wolk	2009	3:47.00
2	Wolk/Dalen/Jobin/Bobrosky	2008	3:53.51
3	Charmey/Dalen/Jobin/Bobrosky	2009	3:53.59
4	Wolk/Blattler/Maybury/KendrickJ	2007	3:54.84
5	Charmey/Wagner/Mills/Bobrosky	2009	4:01.65
6	Myers/Wagner/Mills/Krywitsky	2009	4:02.75
7	Doerksen/Szoo/Kautz/Jarvis	2005	4:04.39
8	Myers/Chow/Schaepsmeier/Krywitsky	2009	4:08.85
9			
10			

4 x 200 Free Relay

1	Bobrosky/Wolk/Krywitsky/KendrickJ	2009	7:18.37
2	Wolk/Maybury/Blattler/KendrickJ	2008	7:32.22
3	Bobrosky/KendrickJ/Krywitsky/Wolk	2009	7:33.12
4	Wolk/KendrickJ/Blattler/Maybury	2007	7:35.23
5	Charmey/Mills/Schaepsmeier/Myers	2009	7:53.15
6	Mills/Jobin/Pham/Charmey	2009	8:08.39
7	Dalen/Nelson/Stairs/Schaepsmeier	2009	8:19.63
8	Wagner/Nelson/Pham/Dalen	2009	8:25.82
9	Dalen/Schaepsmeier/Windsor/Wagner	2009	8:43.76
10			

Open Girls SC

50 Free

1	Kirsten Pomerleau	2005	:25.80
2	Seanna Mitchell	2007	:25.81
3	Sarah Sumner	2009	:26.29
4	Jillian Tyler	2005	:26.46
5	Erin Murphy	1993	:26.65
6	Laura Grant	2007	:26.67
8	Stephanie Beninger	2008	:26.84
9	Michaela Schmidt	2001	:26.85
10	Jane Watson / Hayley Doody	1998 / 2000	:26.95

100 Back

1	Brooklynn Snodgrass	2009	1:01.19
2	Seanna Mitchell	2007	1:02.17
3	Kirsten Pomerleau	2005	1:02.41
4	Jillian Tyler	2005	1:04.07
5	Michaela Schmidt	2000	1:04.26
6	Jodi Hindley	1994	1:05.53
7	Shelbi Snodgrass	2009	1:05.55
8	Erin Murphy	1993	1:05.56
9	Stacy Cormack	2002	1:06.20
10	Kelly Doody	1997	1:06.21

100 Fly

1	Michaela Schmidt	2000	1:01.49
2	Jillian Tyler	2005	1:02.15
3	Sarah Sumner	2009	1:02.17
4	Stephanie Beninger	2008	1:02.50
5	Sarah Stansbury	1997	1:02.77
6	Hayley Doody	2002	1:02.85
7	Seanna Mitchell	2006	1:02.98
7	Rayven Snodgrass	2008	1:03.80
9	Erin Murphy	1993	1:03.80
10	Barb Clark	1975	1:04.00

100 Free

1	Seanna Mitchell	2009	:54.92
2	Sarah Sumner	2009	:55.23
3	Kirsten Pomerleau	2004	:56.31
4	Stephanie Beninger	2008	:56.93
5	Barb Clark	1975	:57.21
6	Laura Grant	2008	:57.41
7	Erin Murphy	1993	:57.43
8	Jillian Tyler	2005	:57.68
9	Hayley Doody	2001	:57.95
10	Michaela Schmidt	2001	:58.20

200 Back

1	Brooklynn Snodgrass	2009	2:10.10
2	Seanna Mitchell	2009	2:11.99
3	Kirsten Pomerleau	2004	2:15.83
4	Michaela Schmidt	1999	2:17.01
5	Shelbi Snodgrass	2009	2:17.64
6	Rayven Snodgrass	2009	2:17.99
7	Madison Mackley	2009	2:18.98
8	Jillian Tyler	2005	2:19.39
9	Sasha Sproule	2008	2:19.41
10	Brittany Ozar	2004	2:19.47

200 Fly

1	Michaela Schmidt	2000	2:15.74
2	Stephanie Beninger	2008	2:17.20
3	Sarah Stansbury	1997	2:18.16
4	Jessica Johnson	2008	2:18.54
5	Hayley Doody	2001	2:18.61
6	Ally Jack	2004	2:19.64
7	Seanna Mitchell	2006	2:20.44
7	Jillian Tyler	2005	2:20.44
9	Lori Eshom	1991	2:21.05
10	Jennifer Yanko	1993	2:21.18

200 Free

1	Sarah Sumner	2009	1:59.81
2	Seanna Mitchell	2007	2:01.24
3	Hayley Doody	2001	2:02.80
4	Jillian Tyler	2005	2:03.21
5	Kirsten Pomerleau	2005	2:03.47
6	Stephanie Beninger	2008	2:04.36
7	Brooklynn Snodgrass	2008	2:05.03
8	Tyra Rooney	2009	2:05.37
9	Serena Copenace	1985	2:06.52
10	Stacy Cormack	2002	2:07.10

100 Breast

1	Jillian Tyler	2005	1:08.84
2	Sarah Sumner	2008	1:12.03
3	Meagan Sinclair	1999	1:12.65
4	Shelbi Snodgrass	2007	1:14.00
5	Kelly Doody	1997	1:14.04
6	Katherine Poole	1995	1:14.48
7	Rosalyn Richardson	2009	1:14.66
8	Evangeline Blais	1998	1:14.87
9	Stephanie Beninger	2007	1:14.92
10	Michaela Schmidt	2005	1:15.08

200 IM

1	Jillian Tyler	2005	2:15.14
2	Seanna Mitchell	2006	2:16.86
3	Brooklynn Snodgrass	2009	2:16.96
4	Shelbi Snodgrass	2009	2:17.70
5	Sarah Sumner	2009	2:17.79
6	Jessica Johnson	2008	2:19.00
7	Kirsten Pomerleau	2005	2:19.12
8	Kelly Doody	1997	2:19.89
9	Rayven Snodgrass	2009	2:20.06
10	Stephanie Beninger	2008	2:20.71

400 Free

1	Tyra Rooney	2009	4:15.79
2	Hayley Doody	2001	4:16.75
3	Serena Copenace	1985	4:22.10
4	Susan Barnes	1996	4:22.58
5	Stacy Cormack	2001	4:22.65
6	Stephanie Beninger	2008	4:23.13
7	Madison Mackley	2009	4:23.76
8	Brittany Ozar	2004	4:24.24
9	Emma Sproule	2009	4:24.83
10	Alana Wood	2009	4:25.88

200 Breast

1	Jillian Tyler	2005	2:28.11
2	Meagan Sinclair	1999	2:32.28
3	Sarah Sumner	2008	2:35.64
4	Shelbi Snodgrass	2006	2:36.00
5	Kelly Doody	1997	2:36.14
6	Elizabeth Hendrick	2008	2:37.76
7	Jessica Johnson	2008	2:38.04
8	Stephanie Beninger	2004	2:39.52
9	Rosalyn Richardson	2009	2:39.54
10	Katherine Cochrane	2000	2:39.93

400 IM

1	Brooklynn Snodgrass	2009	4:45.22
2	Shelbi Snodgrass	2009	4:50.75
3	Jessica Johnson	2008	4:51.08
4	Jillian Tyler	2005	4:54.10
5	Serena Copenace	1985	4:56.16
6	Kelly Doody	1997	4:56.66
7	Sandy Finn	1997	4:57.86
8	Brittany Ozar	2004	5:00.04
9	Meagan Sinclair	2002	5:00.39
10	Michaela Schmidt	1999	5:00.64

800 Free

1	Tyra Rooney	2009	8:45.70
2	Hayley Doody	2002	8:49.36
3	Susan Barnes	1997	8:50.18
4	Stacy Cormack	2002	9:01.53
5	Tara Bourque	1998	9:08.64
6	Serena Copenace	1985	9:08.69
7	Shelby Snodgrass	2009	9:10.23
8	Brittany Ozar	2004	9:11.22
9	Megan Gillis	1996	9:13.49
10	Hailee Traa	2003	9:16.20

4 x 50 Free Relay

1	Sumner/Mitchell/SnodgrassB/SnodgrassR	2009	1:45.06
2	Pomerleau/Tyler/Pomerleau/Starratt	2005	1:45.22
3	Westerns	2005	1:46.11
4	Starratt/Wardale/Melenka/Mitchell	2005	1:47.61
5	Beninger/SnodgrassR/SprouleE/Sumner	2008	1:48.62
6	Behl/Watson/Bourque/Schmidt	1999	1:48.83
7	Alberta Provincials	1998	1:49.15
8	Alberta Provincials	1997	1:49.24
9	Beninger/Mitchell/Wood/Sproule	2007	1:49.51
10	Beninger/SnodgrassR/Sumner/SnodgrassB	2008	1:50.11

4 x 50 Medley Relay

1	Pomerleau/Tyler/Pomerleau/Starratt	2005	1:56.64
2	SnodgrassB/Sumner/SnodgrassR/Mitchell	2009	1:56.71
3	SnodgrassS/Sumner/SnodgrassR/Beninger	2008	1:58.69
4	SnodgrassB/Sumner/Beninger/SnodgrassR	2008	2:00.16
5	Schmidt/Watson/Stansbury/Bourque	1999	2:00.56
6	Alberta Provincials	1997	2:01.02
7	Mitchell/Snodgrass/Melenka/Starratt	2005	2:01.71
8	Leroux/Miller/Schmidt/Wardale	2005	2:02.42
9	PWT	1998	2:02.59
10	Mitchell/Tobias/Beninger/Sproule	2007	2:02.91

1500 Free

1	Tyra Rooney	2009	16:44.43
2	Celeina Chwanetz	2009	17:35.69
3	Hailee Traa	2003	17:43.27
4	Pamela Starratt	2004	17:51.13
5	Alana Wood	2009	17:52.51
6	Ellen Pennock	2009	17:56.15
7	Emma Sproule	2009	17:56.51
8	Brittany Ozar	2004	17:58.66
9	Danielle Bobrosky	2008	18:07.02
10	Kelsey Myers	2009	18:36.08

4 x 100 Free Relay

1	Grant/Beninger/Johnson/Mitchell	2008	3:47.35
2	Sumner/Mitchell/Rooney/SnodgrassB	2009	3:48.97
3	PomerleauK/Tyler/PomerleauK/Starratt	2005	3:52.17
4	Sumner/SnodgrassB/SnodgrassR/Rooney	2009	3:52.78
5	Beninger/SprouleE/Sumner/SnodgrassR	2008	3:54.17
6	Beninger/Johnson/Mitchell/Wardale	2007	3:54.85
7	Beninger/Grant/Johnson/Mitchell	2007	3:55.75
8	Wardale/Starratt/Johnson/Mitchell	2006	3:57.68
9	Beninger/Mitchell/Grant/SnodgrassR	2007	3:58.07
10	Sumner/SnodgrassS/Bayne/Wood	2009	3:58.20

4 x 100 Medley Relay

1	SnodgrassB/Sumner/SnodgrassR/Rooney	2009	4:13.12
2	PomerleauK/Tyler/PomerleauK/Starratt	2005	4:14.66
3	Mitchell/Johnson/Grant/Beninger	2008	4:18.90
4	SnodgrassS/Sumner/SnodgrassR/Beninger	2008	4:20.52
5	SnodgrassB/Sumner/SnodgrassR/SnodgrassS	2008	4:20.90
6	SnodgrassB/Beninger/SnodgrassR/Mitchell	2007	4:22.39
7	Starratt/SnodgrassS/Johnson/Mitchell	2006	4:23.80
8	SnodgrassB/SnodgrassS/SnodgrassR/SprouleE	2008	4:24.61
9	Mitchell/SnodgrassS/Johnson/Starratt	2006	4:25.93
10	Bayne/Sumner/SnodgrassS/Wood	2009	4:26.22

4 x 200 Free Relay

1	Beninger/Johnson/Grant/Mitchell	2008	8:17.22
2	Mitchell/Rooney/SnodgrassB/Sumner	2009	8:18.05
3	SnodgrassB/Sumner/SprouleE/SnodgrassR	2009	8:23.64
4	Sumner/Wood/SnodgrassS/SprouleE	2009	8:30.65
5	Mackley/Rooney/SnodgrassS/Wood	2009	8:34.84
6	SnodgrassS/SnodgrassB/SnodgrassR/SprouleE	2008	8:38.28
7	Beninger/Johnson/Sproule/Mitchell	2007	8:43.46
8	Mitchell/Starratt/Johnson/SnodgrassS	2006	8:45.23
9	Wood/Mackley/Chwanetz/Rooney	2008	8:45.71
10	Chwanetz/Murphy/Bayne/Pennock	2009	8:47.03

Open Boys SC

50 Free

1	Dan Blattler	2009	:22.94
2	Vlastimil Cerny	1993	:23.04
3	Val Weaver	1993	:23.44
4	Mark Jessee	1995	:23.66
4	James Kendrick	2009	:23.69
6	Trevor Neufeld	2002	:23.69
7	Ted Murphy	1995	:23.71
8	Rob Fox	1995	:23.78
9	Clint Stevens	1995	:23.80
10	Barnabe Charmey	2009	:23.81

100 Back

1	Callum Ng	2003	:55.15
2	Dustin Boyachek	1992	:56.62
3	Adam Martinson	2002	:56.82
4	James Kendrick	2009	:57.32
5	Pascal Wollach	2004	:57.36
6	Karl Wolk	2007	:57.52
7	Derek Doerksen	2008	:57.71
8	Craig Gillis	2000	:57.89
9	Barnabe Charmey	2009	:57.95
10	Ken McDonald	1993	:58.10

100 Fly

1	Karl Wolk	2009	:53.36
2	Gavin Carscallen	2000	:53.98
3	Thomas Jobin	2009	:54.17
4	Chad Murray	2008	:55.32
5	Ken McDonald	1993	:56.17
6	Callum Ng	2002	:56.18
7	Craig Gillis	2000	:56.50
8	Robert Ansell	1980	:56.90
9	Val Weaver	1993	:57.10
9	Adam Martinson	2002	:57.10

100 Free

1	Vlastimil Cerny	1993	:50.37
2	Karl Wolk	2009	:50.39
3	Trevor Neufeld	2002	:51.37
4	Clint Stevens	1995	:51.56
5	James Kendrick	2009	:51.61
6	Chad Murray	2007	:51.65
7	Daniel Blattler	2008	:51.79
8	Matthew Tomasson	1994	:51.97
9	Ted Murphy	1995	:51.98
10	Adam Kautz	2009	:52.11

200 Back

1	Karl Wolk	2009	1:58.80
2	Derek Doerksen	2008	2:01.09
3	Adam Martinson	2002	2:02.21
4	Callum Ng	2003	2:02.84
5	Craig Gillis	2000	2:02.94
6	Pascal Wollach	2004	2:03.67
7	Ken McDonald	1993	2:03.80
8	Chad Bobrosky	2009	2:04.28
9	Nathan Lefsrud	2006	2:04.33
10	Aaron Blair	2002	2:04.58

200 Fly

1	Thomas Jobin	2009	1:57.67
2	Karl Wolk	2009	1:57.78
3	Chad Murray	2008	2:00.65
4	Ken McDonald	1992	2:02.30
5	Callum Ng	2002	2:03.29
6	Adam Kautz	2009	2:05.44
7	Adam Martinson	2002	2:05.77
8	Braden Maybury	2007	2:05.89
9	Robert Ansell	1980	2:06.11
10	Matthew Henderson	1996	2:06.53

200 Free

1	Karl Wolk	2009	1:47.46
2	Chad Bobrosky	2009	1:48.30
3	Mark Ritchie	1999	1:51.13
4	James Kendrick	2009	1:51.34
4	Joel Greenshields	2004	1:51.34
6	Pascal Wollach	2004	1:51.51
7	Chad Murray	2007	1:52.28
8	Adam Kautz	2009	1:52.42
9	Aaron Blair	2002	1:53.44
10	Thomas Jobin	2009	1:54.09

100 Breast

1	Rob Fox	1995	1:03.26
2	Clint Stevens	1995	1:04.34
3	Chris Dalen	2009	1:04.64
4	Chris Peck	1992	1:04.89
5	Ted Murphy	1993	1:05.15
6	Tim Kinsella	2006	1:05.24
7	Bryce Milsom	1994	1:05.27
8	Adam Szoo	2005	1:05.40
9	Jeremy Organ	1996	1:06.28
10	Thomas South	2000	1:06.39

200 IM

1	Chad Murray	2008	2:01.52
2	Callum Ng	2002	2:04.78
3	Craig Gillis	2000	2:05.40
4	Rob Fox	1995	2:05.62
5	Trevor Gillis	1997	2:05.68
6	Curtis Myden	1990	2:05.69
7	Clint Stevens	1995	2:06.35
8	Adam Szoo	2006	2:06.76
9	Ken McDonald	1992	2:07.08
10	Matthew Henderson	1996	2:07.55

400 Free

1	Chad Bobrosky	2009	3:48.81
2	Karl Wolk	2009	3:54.29
3	Thomas Jobin	2009	3:54.51
4	Mark Ritchie	1998	3:56.24
5	Tom Krywitsky	2009	3:56.67
6	Pascal Wollach	2004	3:57.25
7	James Kendrick	2007	3:57.61
8	Aaron Blair	2002	3:59.04
9	Scott Stewart	2009	3:59.24
10	Adam Kautz	2009	3:59.32

200 Breast

1	Chris Dalen	2009	2:17.40
2	Rob Fox	1995	2:17.60
3	Adam Szoo	2005	2:19.44
4	Thomas South	2001	2:20.21
5	Tim Kinsella	2006	2:21.21
6	Chris Peck	1993	2:22.65
7	Bryce Milsom	1994	2:22.71
8	Thomas Wagner	2009	2:23.37
9	Robert Bunka	1998	2:23.75
10	Ted Murphy	1992	2:23.78

400 IM

1	Chad Murray	2008	4:21.87
2	Chad Bobrosky	2009	4:22.94
3	Ken McDonald	1992	4:26.39
4	Curtis Myden	1988	4:26.76
5	Callum Ng	2002	4:27.53
6	Trevor Gillis	1996	4:28.86
7	Chris Peck	1993	4:30.12
8	Matthew Henderson	1996	4:30.87
9	Adam Szoo	2006	4:32.17
10	Ian Wilson	1996	4:32.70

800 Free

1	Chad Bobrosky	2009	7:52.53
2	Tom Krywitsky	2009	8:11.73
3	Pascal Wollach	2004	8:14.72
4	Karl Wolk	2008	8:15.35
5	Scott Stewart	2009	8:19.47
6	James Kendrick	2008	8:20.42
7	Russell Wood	2009	8:25.08
8	Corey Mills	2009	8:27.87
9	Thomas Jobin	2008	8:29.46
10	Joel Greenshields	2004	8:31.60

4 x 50 Free Relay

1	Charmey/Kautz/Wolk/KendrickJ	2009	1:33.73
2	Ritchie/Desrochers/Hibberd/Grotkowski	1999	1:36.19
3	Charmey/Kautz/Myers/Wolk	2008	1:36.56
4	Krywitsky/Mills/Bobrosky/Jobin	2009	1:37.18
5	KendrickM/Blattler/Doerksen/KendrickJ	2007	1:37.84
6	Alberta Provincials	1995	1:38.14
7	Blattler/Kautz/Myers/Krysiak	2007	1:38.59
8	Kendrick/Doerksen/Szoo/Kendrick	2006	1:38.72
9	Ng/Moxey/Reid/Blair	2001	1:38.81
10	PWI	1999	1:39.11

4 x 50 Medley Relay

1	Ng/South/Neufeld/Blair	2003	1:46.63
2	Wolk/Dalen/Jobin/Kautz	2008	1:47.54
3	Doerksen/Szoo/Kautz/KendrickJ	2006	1:49.02
4	Kamloops Ice Classic	2001	1:49.08
5	Alberta Provincials	1995	1:49.25
6	Myers/Dalen/Wolk/Charmey	2008	1:49.25
7	PWI	1999	1:50.12
8	KendrickJ/Doerksen/Lefsrud/Blattler	2007	1:50.62
9	Myers/Dalen/Jobin/Charmey	2009	1:50.63
10	Kamloops Ice Classic	2000	1:50.72

1500 Free

1	Chad Bobrosky	2009	15:19.95
2	Pascal Wollach	2004	15:31.15
3	Tom Krywitsky	2009	15:42.18
4	Karl Wolk	2008	15:42.39
5	Mark Ritchie	1998	15:52.67
6	Chris Peck	1993	15:53.56
7	Scott Stewart	2009	15:57.48
8	Aaron Blair	2002	16:00.94
9	Matthew Henderson	1996	16:05.41
10	Russell Wood	2009	16:06.27

4 x 100 Free Relay

1	Wolk/KendrickJ/Charmey/Bobrosky	2009	3:23.54
2	Blattler/Maybury/Wolk/KendrickJ	2008	3:26.54
3	Wolk/Bobrosky/Charmey/KendrickJ	2009	3:27.31
4	Kautz/Jobin/Krywitsky/Mills	2009	3:29.96
5	Blattler/Kautz/KendrickJ/KendrickM	2007	3:30.66
6	KendrickJ/Wolk/Murray/Lefsrud	2007	3:30.69
7	Jobin/Bobrosky/Krywitsky/Charmey	2009	3:31.29
8	Blattler/Doerksen/KendrickJ/Lefsrud	2007	3:31.90
9	Charmey/Kautz/Jobin/Bobrosky	2008	3:31.94
10	Krysiak/Murray/Doerksen/Lefsrud	2008	3:33.61

4 x 100 Medley Relay

1	KendrickJ/Dalen/Jobin/Wolk	2009	3:47.00
2	Wolk/Dalen/Jobin/Kautz	2008	3:53.43
3	Wolk/Dalen/Jobin/Bobrosky	2008	3:53.51
4	Charmey/Dalen/Jobin/Bobrosky	2009	3:53.59
5	Lefsrud/Doerksen/Murray/KendrickJ	2007	3:53.79
6	Doerksen/Blattler/Kautz/KendrickJ	2007	3:54.61
7	Wolk/Blattler/Maybury/KendrickJ	2007	3:54.84
8	Charmey/Bobrosky/Kautz/Mills	2009	3:55.49
9	Doerksen/Szoo/Kautz/KendrickM	2006	3:57.08
10	Lefsrud/Blattler/Doerksen/KendrickJ	2007	3:57.72

4 x 200 Free Relay

1	Bobrosky/Wolk/Krywitsky/KendrickJ	2009	7:18.37
2	Wolk/Maybury/Blattler/KendrickJ	2008	7:32.22
3	Bobrosky/KendrickJ/Krywitsky/Wolk	2009	7:33.12
4	Wolk/KendrickJ/Blattler/Maybury	2007	7:35.23
5	Jobin/Stewart/Bobrosky/Krywitsky	2009	7:40.16
6	Murray/Bobrosky/Jobin/Krywitsky	2008	7:42.74
7	Kautz/Blattler/Doerksen/KendrickJ	2007	7:45.19
8	Jobin/Stewart/Charmey/Mills	2009	7:46.69
9	Charmey/Mills/Schaepmeyer/Myers	2009	7:53.15
10	Stewart/KendrickM/Lefsrud/Doerksen	2008	7:56.69