

## 11 & 12 Girls LC

### 50 Free

1	Jessi Wardale	2001	:29.19
2	Hayley Doody	1998	:29.21
3	Rebecca Sayles	2001	:29.59
4	Deanna Depaoli	1985	:29.70
5	Carol Starratt	2000	:29.86
6	Lisa Legge	1984	:30.01
6	Brittany Ozar	2002	:30.01
8	Amanda Maxey	1999	:30.09
9	Samantha Saunders	1987	:30.13
10	Michaela Schmidt	1996	:30.20

### 100 Back

1	Brittany Ozar	2002	1:10.39
2	Brooklynn Snodgrass	2007	1:11.37
3	Rachelle Starratt	1995	1:12.10
4	Michaela Schmidt	1996	1:12.36
5	Kelly Doody	1992	1:12.48
6	Deanna Depaoli	1985	1:12.51
7	Jessi Wardale	2001	1:12.72
8	Keely Haggins	1992	1:12.79
9	Hayley Doody	1998	1:13.34
10	Anna Kolacz	1999	1:13.38

### 100 Fly

1	Gabrielle Sponheimer	1977	1:09.40
2	Lori Eshom	1988	1:09.82
3	Anna Kolacz	1999	1:10.64
4	Jodi Hindley	1989	1:10.80
5	Kelsey Myers	2008	1:12.14
6	Shelbi Snodgrass	2003	1:12.40
7	Doris Ho	1990	1:12.48
8	Madison Mackley	2007	1:12.67
9	Brooklynn Snodgrass	2006	1:12.74
10	Kelly Doody	1992	1:13.03

### 100 Free

1	Hayley Doody	1998	1:02.71
2	Samantha Stevenson	1987	1:03.24
3	Brittany Ozar	2002	1:03.86
4	Jessi Wardale	2001	1:03.92
5	Madison Mackley	2007	1:05.33
6	Alana Wood	2005	1:05.34
6	Lindsay MacKay	1986	1:05.34
8	Kelly Doody	1992	1:05.36
8	Becca Sayles	2001	1:05.36
10	Brooklynn Snodgrass	2007	1:05.40

### 200 Back

1	Brittany Ozar	2002	2:30.59
2	Kelly Doody	1992	2:31.54
3	Madison Mackley	2007	2:32.50
4	Brooklynn Snodgrass	2006	2:34.25
5	Tracy Gray	1997	2:35.53
6	Rachelle Starratt	1995	2:35.85
7	Hayley Doody	1998	2:36.64
8	Michaela Schmidt	1996	2:37.38
9	Deanna Depaoli	1985	2:38.62
10	Erin Holland	1986	2:39.72

### 200 Fly

1	Lori Eshom	1988	2:29.78
2	Madison Mackley	2007	2:34.81
3	Kelsey Myers	2008	2:35.22
4	Jodi Hindley	1989	2:37.82
5	Erin Holland	1986	2:40.77
6	Doris Ho	1990	2:41.73
7	Karla Kochorek	1986	2:42.93
8	Brooklynn Snodgrass	2006	2:43.88
9	Kelly Doody	1992	2:44.70
10	Samantha Uhlich	2002	2:45.31

### 200 Free

1	Hayley Doody	1998	2:13.21
2	Samantha Stevenson	1987	2:13.88
3	Madison Mackley	2007	2:16.92
4	Gabrielle Sponheimer	1977	2:17.10
5	Alana Wood	2005	2:18.99
6	Brittany Ozar	2002	2:19.14
7	Tyra Rooney	2007	2:19.93
8	Kelsey Myers	2008	2:20.81
9	Kristen MacKay	1987	2:20.85
10	Lori Eshom	1988	2:20.90

### 100 Breast

1	Susan Malcolm	1984	1:19.04
2	Tara Hahto	2002	1:19.36
3	Shelbi Snodgrass	2003	1:19.96
4	Shannon Magee	1989	1:21.79
5	Rayven Snodgrass	2005	1:22.01
6	Evangeline Blais	1998	1:22.61
7	Corlyss Caldwell	1985	1:23.22
8	Suzanne Peters	1991	1:23.32
9	Amanda Velcic	1994	1:23.94
10	Erin Leroux	2002	1:24.40

### 200 IM

1	Samantha Stevenson	1988	2:33.90
2	Hayley Doody	1998	2:34.95
3	Brittany Ozar	2002	2:35.21
4	Madison Mackley	2007	2:35.45
5	Kelly Doody	1992	2:35.81
6	Shelbi Snodgrass	2003	2:36.95
7	Brooklynn Snodgrass	2006	2:37.16
8	Lori Eshom	1988	2:37.18
9	Erin Holland	1986	2:37.41
10	Deanna Depaoli	1985	2:37.78

### 400 Free

1	Hayley Doody	1998	4:43.83
2	Madison Mackley	2007	4:46.91
3	Lori Eshom	1988	4:47.12
4	Samantha Stevenson	1988	4:49.46
5	Tyra Rooney	2007	4:49.48
6	Kelsey Myers	2008	4:49.62
7	Erin Holland	1986	4:51.09
8	Kristen MacKay	1987	4:51.55
9	Brittany Ozar	2002	4:54.20
10	Corlyss Caldwell	1985	4:54.32

### 200 Breast

1	Tara Hahto	2002	2:51.44
2	Shelbi Snodgrass	2003	2:53.48
3	Shannon Magee	1989	2:54.53
4	Erin Leroux	2002	2:55.76
5	Evangeline Blais	1998	2:55.81
6	Rayven Snodgrass	2005	2:57.92
7	Corlyss Caldwell	1985	2:58.08
8	Hayley Doody	1998	2:58.64
9	Kelly Doody	1992	2:59.13
10	Meagan Sinclair	1997	2:59.36

### 400 IM

1	Madison Mackley	2007	5:26.14
2	Brooklynn Snodgrass	2006	5:29.73
3	Gabrielle Sponheimer	1977	5:29.90
4	Hayley Doody	1998	5:31.76
5	Erin Holland	1986	5:31.92
6	Lori Eshom	1988	5:32.22
7	Kelly Doody	1992	5:32.23
8	Samantha Stevenson	1988	5:33.92
9	Brittany Ozar	2002	5:35.50
10	Shannon Magee	1989	5:36.39

### 800 Free

1	Hayley Doody	1998	9:39.45
2	Erin Holland	1986	9:52.92
3	Madison Mackley	2007	9:53.10
4	Kristen MacKay	1987	9:56.90
5	Brittany Ozar	2002	9:58.54
6	Samantha Stevenson	1988	9:59.43
7	Tyra Rooney	2007	10:00.85
8	G. Sponheimer	1977	10:05.80
9	Kelsey Myers	2008	10:10.71
10	Becca Syales	2001	10:11.20

### 4 x 50 Free Relay

1	Wardale/Ozar/Starratt/Sayles	2001	1:58.68
2	Maxey/Starratt/Heinz/Kolacz	1999	2:00.19
3	Alberta Provincials	1998	2:01.82
4	Nike Speed Meet	1999	2:02.16
5	EKI	2000	2:02.96
6	Alberta Provincials	1986	2:03.03
7	EKI	1988	2:03.86
8	Saskatoon	1989	2:04.02
9	Alberta Provincials	1985	2:04.57
10	Regina	1987	2:04.80

### 4 x 50 Medley Relay

1	Wardale/Hahto/Sayles/Ozar	2001	2:14.19
2	Alberta Provincials	1991	2:15.81
3	Wardale/Hahto/Gagnon/Sayles	2001	2:16.02
4	Starratt/Loggie/Kolacz/Maxey	1999	2:16.57
5	Alberta Provincials	1998	2:17.76
6	Ozar/Snodgrass/Carlsen/Jobin	2002	2:18.49
7	Alberta Provincials	1989	2:19.52
8	EKI	2000	2:20.44
9	Alberta Provincials	1986	2:20.88
10	Alberta Provincials	1992	2:21.15

### 1500 Free

1	Tyra Rooney	2007	19:14.18
2	Jessica Warrack	2008	19:33.75
3	Brooke Pogany	2008	20:03.04
4	Hannah Chernos	2006	20:54.48
5	Alison Bayne	2006	21:08.63
6			
7			
8			
9			
10			

### 4 x 100 Free Relay

1	Cascade	2001	4:22.60
2	Bayne/Whitaker/Mackley/SnodgrassB	2006	4:27.03
3	Mackley/Rooney/Robb/Myers	2007	4:31.17
4	SnodgrassB/Bayne/Mackley/Whitaker	2006	4:31.55
5	Myers/PoganyB/Krywitsky/PoganyS	2008	4:39.53
6	King/Wood/SnodgrassR/Murphy	2004	4:39.89
7	Wood/Chowanetz/SnodgrassB/Clement	2005	4:41.23
8	Krywitsky/PoganyS/PoganyB/Warrack	2008	4:41.50
9	Krywitsky/Warrack/Ngo/Pham	2008	4:44.62
10	Pham/Cowan/Ngo/Ng	2008	5:04.75

### 4 x 100 Medley Relay

1	SnodgrassB/Mills/Whitaker/Bayne	2006	5:07.93
2	Mackley/Meyer/Myers/Rooney	2007	5:08.46
3	SnodgrassB/Pennock/Chowanetz/Wood	2005	5:16.65
4	Ngo/Cowan/Pogany/Krywitsky	2008	5:16.74
5	Ngo/Cowan/PoganyB/PoganyS	2008	5:24.66
6	Krywitsky/Tham/Pham/Warrack	2008	5:36.87
7			
8			
9			
10			

### 4 x 200 Free Relay

1	SnodgrassB/Bayne/Mackley/Whitaker	2006	9:45.55
2	Mackley/Rooney/Myers/Robb	2007	9:56.51
3	SnodgrassB/Bayne/Derosa/Whitaker	2006	10:00.79
4	Mackley/Rooney/Myers/Lui	2007	10:02.12
5	Krywitsky/PoganyS/PoganyB/Warrack	2008	10:07.43
6	Krywitsky/Warrack/Ngo/Pham	2008	10:09.51
7			
8			
9			
10			

## 11 & 12 Boys LC

### 50 Free

1	Garret Mitchell	1992	:26.80
2	James Kendrick	2004	:27.41
3	Chase Reid	1998	:27.92
4	Brett Schmidt	2001	:28.37
5	Taylor Maxey	2002	:28.56
6	Anthony Lyons	2008	:28.64
7	Corey Mills	2006	:28.81
8	Braden Maybury	2003	:29.02
9	Mike Desrochers	1986	:29.04
10	Steven Myden	1990	:29.07

### 100 Back

1	Garret Mitchell	1992	1:06.07
2	James Kendrick	2004	1:06.32
3	Adam Maybury	2007	1:10.01
4	Braden Maybury	2003	1:10.43
5	Michael Lowenstein	2003	1:10.69
6	Chris Renaud	1989	1:10.77
7	Patrick Goral	1991	1:11.45
8	Kevin Nelson	2006	1:11.58
9	Marc Boulanger	1987	1:11.59
10	Taylor Maxey	2002	1:11.75

### 100 Fly

1	Mike Desrochers	1986	1:07.11
2	Braden Maybury	2003	1:07.72
3	Garret Mitchell	1991	1:08.43
4	Sean Gallagher	1980	1:08.93
5	Callum Ng	1998	1:09.52
6	James Kendrick	2004	1:09.95
7	Adam Maybury	2007	1:10.30
8	Zacary Odger	2001	1:11.25
9	Marc Boulanger	1987	1:11.27
10	Kirk Look	1984	1:11.33

### 100 Free

1	James Kendrick	2004	:58.85
2	Garret Mitchell	1992	:59.98
3	Chase Reid	1998	1:01.33
4	Mike Desrochers	1986	1:01.73
5	Braden Maybury	2003	1:02.55
6	Mark Tewksbury	1980	1:02.57
7	Brett Schmidt	2001	1:02.68
8	Patrick Goral	1991	1:02.71
8	Taylor Maxey	2002	1:02.71
8	Corey Mills	2006	1:02.71

### 200 Back

1	Adam Maybury	2007	2:26.66
2	James Kendrick	2004	2:26.81
3	Garret Mitchell	1992	2:27.40
4	Curtis Myden	1986	2:28.40
5	Kevin Nelson	2006	2:29.28
6	Michael Lowenstein	2003	2:32.91
7	Ken Stairs	2008	2:33.00
8	Mark Tewksbury	1980	2:33.11
9	Brett Schmidt	2001	2:33.38
10	JT Smith	1999	2:33.73

### 200 Fly

1	Mike Desrochers	1986	2:29.75
2	Sean Gallagher	1980	2:30.98
3	Braden Maybury	2003	2:32.06
4	Adam Maybury	2007	2:34.47
5	Kirk Look	1984	2:35.17
6	Ian Ross	1977	2:35.21
7	Callum Ng	1998	2:37.21
8	Mark Tewksbury	1980	2:37.56
9	James Kendrick	2004	2:38.17
10	Curtis Myden	1986	2:38.38

### 200 Free

1	James Kendrick	2004	2:07.94
2	Mark Tewksbury	1980	2:12.77
3	Sean Gallagher	1980	2:13.47
4	Mike Desrochers	1986	2:14.22
5	Ken Stairs	2008	2:14.24
6	Garret Mitchell	1992	2:14.55
7	Curtis Myden	1986	2:14.59
8	Braden Maybury	2003	2:15.24
9	Dustin Warrack	2008	2:15.61
10	Marc Boulanger	1987	2:15.68

### 100 Breast

1	Rodale Estor	2000	1:15.02
2	Chase Reid	1998	1:17.38
3	Curtis Myden	1986	1:18.03
4	Kris Homell	1997	1:20.04
5	Garret Mitchell	1992	1:20.45
6	Robert Starratt	1997	1:21.16
7	Craig Marshall	1991	1:21.78
8	Stven Myden	1990	1:23.13
9	Ben Adam	1998	1:23.20
10	Michael Sharpe	1989	1:23.23

### 200 IM

1	Garrett Mitchell	1992	2:28.12
2	Curtis Myden	1986	2:28.19
3	James Kendrick	2004	2:30.95
4	Marc Boulanger	1987	2:32.00
5	Adam Maybury	2007	2:32.06
6	Braden Maybury	2003	2:32.07
7	Sean Gallagher	1980	2:33.41
8	Chase Reid	1998	2:33.83
9	Mark Tewksbury	1980	2:33.85
10	Chris Renaud	1989	2:35.74

### 400 Free

1	James Kendrick	2004	4:35.24
2	Curtis Myden	1986	4:37.21
3	Mark Tewksbury	1980	4:38.23
4	Sean Gallagher	1980	4:40.49
5	Mike Desrochers	1986	4:44.40
6	Marc Boulanger	1987	4:45.03
7	Dustin Warrack	2008	4:47.17
8	Kevin Nelson	2006	4:48.12
9	Chase Reid	1998	4:48.65
10	Garrett Mitchell	1991	4:50.84

### 200 Breast

1	Rodale Estor	2000	2:43.82
2	Curtis Myden	1986	2:49.10
3	Kris Homell	1997	2:51.09
4	Chase Reid	1998	2:52.22
5	Ken Stairs	2008	2:54.88
6	Robert Starratt	1997	2:56.00
7	Garret Mitchell	1992	2:57.57
8	Matt Yuzwa	1998	2:58.12
9	Ben Adam	1998	2:59.55
10	Cam Kochorek	1987	2:59.93

### 400 IM

1	Curtis Myden	1986	5:12.33
2	Ken Stairs	2008	5:19.69
3	Dustin Warrack	2008	5:23.57
4	Sean Gallagher	1980	5:23.68
5	Marc Boulanger	1987	5:25.02
6	Adam Maybury	2007	5:25.26
7	Braden Maybury	2002	5:30.36
8	Chase Reid	1998	5:32.17
9	Chris Renaud	1989	5:33.22
10	Mark Tewksbury	1980	5:33.56

### 800 Free

1	Ken Stairs	2008	9:49.17
2	Brandon Myers	2004	10:01.23
3	Chad Bobrosky	2005	10:13.00
4	Kyle Beatty	2008	10:26.44
5	Thomas Jobin	2005	10:36.78
6	Anthony Lyons	2008	10:48.65
7	Steven Cheung	2008	10:59.37
8	Kevin Nelson	2005	11:07.46
9	Corey Mills	2005	11:11.67
10	Thomas Schaepmeyer	2004	11:15.83

### 4 x 50 Free Relay

1	Schmidt/Michie/Szoo/Odger	2001	1:56.08
2	Cascade Speed	1998	1:57.94
3	EKI	1991	1:58.52
4	EKI	1990	2:00.87
5	Li/Driedger/Lowenstein/Maybury	2002	2:00.93
6	Li/Kendrick/Lowenstein/Maybury	2002	2:01.34
7	Dolphins Invitational	1997	2:01.56
7	Alberta Provincials	1989	2:01.56
9	Cascade Speed	1995	2:01.88
10	EKI	1986	2:01.89

### 4 x 50 Medley Relay

1	Blue Bear	1998	2:12.01
2	Schmidt/Odger/Michie/Szoo	2001	2:12.98
3	EKI	2000	2:13.20
4	Dolphins Invitational	1997	2:13.98
5	EKI	1991	2:13.99
6	EKI	1986	2:14.89
7	Alberta Provincials	1989	2:15.80
8	Wood/Pham/Maybury/Nelson	2006	2:16.57
9	Judiesch/Estor/Odger/Mereau	1999	2:16.80
10	EKI	1990	2:16.91

### 1500 Free

1	Sean Gallagher	1980	18:01.02
2	Dustin Warrack	2008	18:22.05
3	Curtis Myden	1986	18:22.80
4	Shane Esau	1977	19:03.60
5	Mike Desrochers	1986	19:13.98
6	Chase Reid	1998	19:14.38
7	Ben Adam	1998	19:16.66
8	Russell Wood	2006	19:16.85
9	Garret Mitchell	1991	19:33.09
10	Aaron Blair	1998	19:41.32

### 4 x 100 Free Relay

1	Mills/Nelson/Ogg/Wood	2006	4:17.63
2	Nelson/Wood/Large/Pham	2006	4:26.55
3	Bobrosky/Brown/Syroteuk/Mills	2005	4:29.70
4	Bayne/Beatty/Lyons/Cheung	2008	4:32.24
5	Lyons/Warrack/Bayne/Beatty	2008	4:33.32
6	Maybury/Large/Beatty/Lyons	2007	4:36.07
7	Bobrosky/Christmas/Syroteuk/Jobe	2004	4:39.57
8	Maybury/Beatty/Large/Bayne	2007	4:40.41
9			
10			

### 4 x 100 Medley Relay

1	Cascade	1998	4:46.35
2	Nelson/Roestel/Pham/Wood	2006	5:04.71
3	Nelson/Lui/Jobin/Bobrosky	2005	5:05.50
4	Maybury/Bartel/Large/Lyons	2007	5:06.20
5	Bayne/Cheung/Warrack/Lyons	2008	5:20.66
6	Lyons/Bayne/Beatty/Cheung	2008	5:28.35
7			
8			
9			
10			

### 4 x 200 Free Relay

1	Mills/Nelson/Wood/Pham	2006	9:40.81
2	Nelson/Wood/Roestel/Pham	2006	9:47.05
3	Lyons/Beatty/Bayne/Cheung	2008	9:50.65
4	Bayne/Cheung/Beatty/Warrack	2008	10:02.12
5	Maybury/Large/Beatty/Bayne	2007	10:05.07
6	Maybury/Large/Beatty/Greenfield	2007	10:10.51
7			
8			
9			
10			

### 13 & 14 Girls LC

#### 50 Free

1	G. Sponheimer	1979	:26.98
2	Jillian Tyler	2003	:27.75
3	Mackenzie Jones	2002	:27.85
4	Brittany Ozar	2003	:28.26
5	Keely Haggins	1993	:28.52
6	Rebecca Sayles	2003	:28.61
7	Michaela Schmidt	1998	:28.62
8	Hayley Doody	2000	:28.64
9	Brooklynn Snodgrass	2008	:28.83
10	Kelly Doody / Amanda Maxey	94/00	:28.88

#### 100 Back

1	Brooklynn Snodgrass	2008	1:07.91
2	Kelly Doody	1994	1:08.02
3	Brittany Ozar	2003	1:09.24
4	Rayven Snodgrass	2007	1:10.09
5	Carol Starratt	2002	1:10.13
6	Deanna Depaoli	1985	1:10.26
7	Hayley Doody	2000	1:10.49
8	Keely Haggins	1993	1:10.58
9	Deanna Depaoli	1986	1:10.79
10	Jillian Tyler	2002	1:10.98

#### 100 Fly

1	Sarah Stansbury	1996	1:04.19
2	Jillian Tyler	2003	1:05.44
3	Rayven Snodgrass	2007	1:05.92
4	Kelly Doody	1994	1:06.58
5	G. Sponheimer	1977	1:07.00
6	Lori Eshom	1990	1:07.04
7	Jennifer Yanko	1989	1:07.13
8	Michaela Schmidt	1998	1:07.29
9	Miranda Halasz	2003	1:07.36
10	Doris Ho	1992	1:07.54

#### 100 Free

1	Jillian Tyler	2003	:59.80
2	Mackenzie Jones	2002	1:00.36
3	Hayley Doody	2000	1:00.72
4	Michaela Schmidt	1998	1:01.07
5	Kelly Doody	1994	1:01.19
6	Erin Holland	2002	1:01.28
7	Shannon Magee	1991	1:01.70
8	Rebecca Sayles	2003	1:01.72
9	Brooklynn Snodgrass	2008	1:01.74
10	Brittany Ozar	2003	1:01.77

#### 200 Back

1	Brooklynn Snodgrass	2008	2:23.67
2	Brittany Ozar	2003	2:25.77
3	Madison Mackley	2008	2:27.29
4	Kelly Doody	1994	2:27.76
5	Hayley Doody	2000	2:28.28
6	Carol Starratt	2001	2:29.50
7	Evangeline Blais	1999	2:29.82
8	Sasha Sproule	2006	2:31.67
9	Beth May	1978	2:32.00
10	Pam Starratt	2003	2:32.19

#### 200 Fly

1	Lori Eshom	1989	2:22.41
2	Jennifer Yanko	1989	2:23.30
3	Sarah Stansbury	1996	2:27.63
4	Kelly Doody	1994	2:28.25
5	Miranda Halasz	2003	2:28.44
6	Serena Copenace	1984	2:29.31
7	Michaela Schmidt	1998	2:29.97
8	Jodi Hindley	1991	2:30.54
9	Leanne Dick	1988	2:30.93
10	Jessica Johnson	2004	2:31.34

#### 200 Free

1	Hayley Doody	2000	2:09.00
2	Jillian Tyler	2003	2:09.95
3	Brittany Ozar	2003	2:10.75
4	Madison Mackley	2008	2:11.23
5	Hailee Traa	2003	2:12.07
6	Rebecca Sayles	2003	2:12.50
7	Michaela Schmidt	1998	2:12.98
8	Samantha Stevenson	1989	2:13.06
9	Jodi Hindley	1991	2:13.07
10	Mackenzie Jones	2002	2:13.09

#### 100 Breast

1	Jillian Tyler	2003	1:15.80
2	Meagan Sinclair	1998	1:16.55
3	Evangeline Blais	1998	1:17.91
4	Shelbi Snodgrass	2004	1:18.07
5	Shannon Magee	1991	1:18.49
6	Stephanie Beninger	2003	1:18.51
7	Tara Hahto	2003	1:18.70
8	Carol Starratt	2001	1:18.86
9	Rosalyn Richardson	2007	1:19.11
10	Susan Malcolm	1985	1:19.43

#### 200 IM

1	Jillian Tyler	2003	2:27.19
2	Brooklynn Snodgrass	2008	2:27.77
2	Kelly Doody	1994	2:27.77
4	Hayley Doody	2000	2:28.76
5	Evangeline Blais	1999	2:28.80
6	Brittany Ozar	2004	2:29.24
7	Meagan Gillis	1994	2:29.07
8	Rayven Snodgrass	2007	2:30.24
9	Susan Malcolm	1984	2:30.40
10	Carol Starratt	2001	2:30.70

#### 400 Free

1	Serena Copenace	1984	4:29.71
2	Hayley Doody	2000	4:29.74
3	Brittany Ozar	2004	4:34.23
4	Tyra Rooney	2008	4:35.35
5	Celeina Chowanetz	2008	4:37.01
6	Madison Mackley	2008	4:38.38
7	Lori Eshom	1989	4:40.08
8	Hailee Traa	2003	4:40.17
9	Kelly Doody	1993	4:41.00
10	Samantha Stevenson	1989	4:41.16

#### 200 Breast

1	Meagan Sinclair	1999	2:46.08
2	Tara Hahto	2003	2:46.77
3	Stephanie Beninger	2003	2:46.93
4	Carol Starratt	2001	2:47.11
5	Evangeline Blais	1999	2:48.66
6	Shelbi Snodgrass	2004	2:48.87
7	Susan Malcolm	1985	2:49.82
8	Rosalyn Richardson	2007	2:50.27
9	Erin Leroux	2004	2:50.55
10	Amanda Velcic	1996	2:51.53

#### 400 IM

1	Serena Copenace	1984	5:05.68
2	Sarah Stansbury	1996	5:10.28
3	Kelly Doody	1994	5:12.81
4	Brooklynn Snodgrass	2008	5:14.86
5	Hailee Traa	2003	5:16.31
6	Brittany Ozar	2003	5:16.39
7	Jennifer Yanko	1989	5:18.29
8	Evangeline Blais	1999	5:18.45
8	Susan Malcolm	1986	5:18.45
10	Michaela Schmidt	1998	5:19.51

#### 800 Free

1	Serena Copenace	1984	9:17.65
2	Hayley Doody	2000	9:17.78
3	Erin Holland	1986	9:20.28
4	Tyra Rooney	2008	9:29.94
5	Madison Mackley	2008	9:35.32
6	Brittany Ozar	2003	9:36.03
7	Karen Fahrni	1998	9:40.08
8	Delanie Berg	1984	9:42.49
9	Carol Starratt	2001	9:43.36
10	Lori Eshom	1989	9:44.50

#### 4 x 50 Free Relay

1	Tyler/Jones/Wardale/Starratt	2002	1:54.21
2	Youth Champs	1998	1:55.05
3	SnodgrassB/Rooney/Bayne/Mackley	2008	1:55.29
4	Alberta Provincials	2000	1:55.61
5	Bayne/SnodgrassB/Chowanetz/SprouleE	2007	1:56.44
6	Maxey/Delalaye/Starratt/Jackson	2001	1:57.32
7	EKI	1993	1:57.50
8	Cascade Speed	1995	1:57.73
9	Alberta Provincials	1997	1:57.90
10	EKI	1992	1:57.92

#### 4 x 50 Medley Relay

1	UCSC Grand Prix	1999	2:08.11
2	Alberta Provincials	1998	2:09.55
3	Youth Champs	1995	2:10.16
4	Tyler/Jones/Wardale/Starratt	2002	2:10.52
5	SnodgrassB/Lata/Mackley/Rooney	2008	2:10.64
5	SnodgrassB/Richardson/Chowanetz/Spre	2007	2:10.64
7	Cascade Speed	2000	2:10.71
8	EKI	1993	2:11.23
9	Sproule/Murphy/Snodgrass/Wood	2006	2:11.45
10	Sproule/Richardson/Snodgrass/Wood	2007	2:11.55

#### 1500 Free

1	Tyra Rooney	2008	18:11.85
2	Celeina Chowanetz	2007	19:04.43
3	Emma Sproule	2006	19:09.16
4	Alana Wood	2007	19:21.74
5	Jessica Warrack	2008	19:33.75
6	Danielle Bobrosky	2005	19:53.27
7	Hannah Chernos	2008	19:55.44
8	Alison Bayne	2007	20:02.09
9	Brooke Pogany	2008	20:03.04
10	Shelby Murphy	2005	20:07.67

#### 4 x 100 Free Relay

1	Mackley/Rooney/SnodgrassB/Bayne	2008	4:08.92
2	SnodgrassB/Bayne/Mackley/Rooney	2008	4:09.47
3	SnodgrassB/Wood/SnodgrassR/Sproule	2007	4:13.19
4	Murphy/Wood/SnodgrassR/Sproule	2006	4:14.40
5	Murphy/SnodgrassR/Sproule/Wood	2006	4:14.61
6	SnodgrassB/Chowanetz/Wood/Sproule	2007	4:15.20
7	Rooney/Mackley/Myers/SnodgrassB	2008	4:15.91
8	Sproule/Chowanetz/SnodgrassB/Bayne	2007	4:16.46
9	Murphy/SnodgrassR/Wood/Sproule	2006	4:18.05
10	Ozar/Johnson/Vanberkel/Toth	2004	4:21.27

#### 4 x 100 Medley Relay

1	SnodgrassB/Lata/Mackley/Bayne	2008	4:44.43
2	SnodgrassB/Richardson/Chowanetz/Spre	2007	4:44.48
3	Sproule/Murphy/SnodgrassR/Wood	2006	4:49.68
4	SnodgrassB/SnodgrassR/Wood/Murphy	2006	4:51.75
5	SnodgrassB/Lata/Myers/Mackley	2008	4:53.02
6	Redden/Meyer/Derosa/Rooney	2008	5:05.60
7	SnodgrassR/Bobrosky/Ogg/Murphy	2005	5:06.46
8			
9			
10			

#### 4 x 200 Free Relay

1	Mackley/Rooney/SnodgrassB/Bayne	2008	9:02.65
2	SnodgrassB/Rooney/Myers/Mackley	2008	9:09.36
3	Sproule/SnodgrassB/SnodgrassR/Chowar	2007	9:14.70
4	Wood/SnodgrassB/Chowanetz/Sproule	2007	9:15.11
5	Mackley/Richardson/Myers/Rooney	2008	9:17.42
6	Wood/Murphy/SnodgrassR/Sproule	2006	9:21.37
7	SnodgrassR/Wood/Murphy/Sproule	2006	9:31.06
8	Myers/Redden/Lata/Derosa	2008	9:38.13
9			
10			

### 13 & 14 Boys LC

#### 50 Free

1	James Kendrick	2006	:25.84
2	Chase Reid	2000	:25.89
3	Graeme Tozer	1999	:26.10
4	Brandt Summers	1984	:26.29
5	Pascal Wollach	2002	:26.43
6	Chad Bobrosky	2007	:26.45
7	Chris Renaud	1991	:26.46
8	Daxton Novak	2006	:26.55
9	Daniel Pham	2008	:26.60
10	Ryan Remington / Paul Mereau	97/01	:26.74

#### 100 Back

1	Chris Renaud	1991	1:01.22
2	Pascal Wollach	2002	1:02.58
3	James Kendrick	2006	1:03.15
4	Adam Martinson	1999	1:03.72
5	Matthew Henderson	1992	1:04.20
6	Matthew McKay	1986	1:04.75
7	Taylor Maxey	2003	1:04.93
8	Thomas Jobin	2008	1:04.97
9	Ryan Remington	1997	1:04.99
10	Curtis Myden	1988	1:05.00

#### 100 Fly

1	Thomas Jobin	2007	1:00.62
2	Matthew Henderson	1993	1:03.23
3	Brandt Summers	1984	1:03.27
4	Jordie Szoo	2005	1:03.31
5	Kirk Look	1986	1:03.74
6	Callum Ng	2000	1:04.13
7	Mike Desrochers	1988	1:04.17
8	Ben Adam	2000	1:04.32
9	Braden Maybury	2004	1:04.39
10	Adam Maybury	2008	1:04.42

#### 100 Free

1	James Kendrick	2006	:55.19
2	Pascal Wollach	2002	:56.37
3	Brandt Summers	1984	:57.16
4	Graeme Tozer	1999	:57.28
5	Corey Mills	2008	:57.30
6	Jordie Szoo	2005	:57.55
7	Ian Grotkowski	1996	:57.75
8	Chase Reid	2000	:57.76
9	Daxton Novak	2006	:57.82
10	Curtis Myden	1988	:57.83

#### 200 Back

1	Adam Martinson	1998	2:16.28
2	Curtis Myden	1988	2:16.72
3	Pascal Wollach	2002	2:16.95
4	Chris Renaud	1991	2:17.13
5	Adam Maybury	2008	2:17.51
6	Marc Boulanger	1988	2:18.30
7	Matthew Henderson	1992	2:18.31
8	Kirk Look	1986	2:20.12
9	James Kendrick	2006	2:20.14
10	Thomas Jobin	2008	2:20.21

#### 200 Fly

1	Thomas Jobin	2008	2:10.66
2	Mike Desrochers	1988	2:20.04
3	Jordie Szoo	2005	2:20.30
4	Craig Gillis	1997	2:21.62
5	Adam Maybury	2008	2:21.68
6	Callum Ng	2000	2:22.15
7	Sean Koeller	1984	2:22.50
8	Darcy Vaughn	1977	2:23.40
9	Kirk Look	1986	2:23.43
10	Ryan Remington	1996	2:24.70

#### 200 Free

1	James Kendrick	2006	2:01.31
2	Pascal Wollach	2002	2:01.60
3	Curtis Myden	1988	2:02.16
4	Corey Mills	2008	2:03.10
5	Thomas Jobin	2007	2:04.43
6	Chad Bobrosky	2007	2:04.64
7	Patrick Goral	1993	2:04.86
8	Brandt Summers	1984	2:05.70
9	Graeme Tozer	1999	2:06.14
10	Jordie Szoo	2005	2:07.71

#### 100 Breast

1	Sean Koeller	1984	1:11.67
2	Rodale Estor	2002	1:11.95
3	Chase Reid	2000	1:14.00
4	Curtis Myden	1988	1:14.59
5	Chris Peck	1986	1:14.69
6	Kris Homell	1998	1:14.73
7	Rusty Jones	1988	1:15.44
8	Mark Jessee	1990	1:15.61
9	Robert Starratt	1999	1:15.88
10	Todd Kozan	1986	1:15.92

#### 200 IM

1	Curtis Myden	1988	2:13.24
2	Marc Boulanger	1988	2:19.44
3	Thomas Jobin	2007	2:19.69
4	Matthew Henderson	1993	2:20.28
5	Chris Renaud	1991	2:21.19
6	Adam Maybury	2008	2:21.90
7	James Kendrick	2006	2:22.00
8	Craig Gillis	1997	2:22.19
9	Graeme Tozer	1999	2:22.64
10	Pascal Wollach	2002	2:22.78

#### 400 Free

1	Curtis Myden	1988	4:13.22
2	James Kendrick	2006	4:17.72
3	Chad Bobrosky	2007	4:19.22
4	Thomas Jobin	2008	4:19.51
5	Pascal Wollach	2002	4:21.00
6	Corey Mills	2008	4:23.64
7	Brian Woolhouse	1985	4:25.98
8	Patrick Goral	1992	4:26.28
9	Dan Renaud	1987	4:26.52
10	Adam Martinson	1999	4:26.88

#### 200 Breast

1	Sean Koeller	1984	2:34.56
2	Curtis Myden	1988	2:34.67
3	Rodale Estor	2001	2:37.10
4	Chris Peck	1986	2:38.98
5	Rusty Jones	1988	2:41.55
6	Adam MacPherson	1992	2:42.00
7	Chase Reid	2000	2:42.56
8	Kris Homell	1998	2:42.62
9	Ken Stairs	2008	2:43.90
10	Thomas Wagner	2006	2:43.98

#### 400 IM

1	Curtis Myden	1988	4:39.39
2	Thomas Jobin	2008	4:57.48
3	Matthew Henderson	1993	4:57.97
4	Marc Boulanger	1988	4:58.15
5	Graeme Tozer	1999	4:59.13
6	Craig Gillis	1997	4:59.89
7	Pascal Wollach	2002	5:00.35
8	Adam Maybury	2008	5:00.38
9	Luis Veronese	1992	5:00.40
10	Dan Renaud	1987	5:02.17

#### 800 Free

1	Corey Mills	2008	8:58.41
2	Chad Bobrosky	2007	9:05.70
3	Thomas Jobin	2007	9:06.82
4	Sheraz Jason	2006	9:12.24
5	Russell Wood	2008	9:17.90
6	Kevin Nelson	2008	9:20.03
7	Brandon Myers	2006	9:28.06
8	Tom Krywitsky	2006	9:29.68
9	Dustin Warrack	2008	9:35.26
10	James Kendrick	2004	9:41.02

#### 4 x 50 Free Relay

1	Alberta Provincials	2003	1:46.52
2	Cascade Speed	2000	1:46.92
3	Alberta Provincials	1992	1:47.76
4	Alberta Provincials	1991	1:47.87
5	Hyack	1999	1:47.88
6	Alberta Provincials	1993	1:48.01
7	Mereau/Wollach/Schmidt/Judiesch	2001	1:48.32
8	Pham/Mills/Bobrosky/Jobin	2007	1:48.83
9	Alberta Provincials	1988	1:48.95
10	Pham/Nelson/Wood/Maybury	2008	1:49.66

#### 4 x 50 Medley Relay

1	Alberta Provincials	1991	1:57.99
2	EKI	1993	1:59.19
3	Wollach/Estor/Judiesch/Mereau	2001	1:59.47
4	Cascade	2000	1:59.49
5	Cascade Speed	1999	1:59.58
6	Alberta Provincials	1988	1:59.62
7	Alberta Provincials	2003	2:00.36
8	Alberta Provincials	1998	2:02.30
9	Wood/Bobrosky/Jobin/Mills	2007	2:02.90
10	Alberta Provincials	1992	2:02.96

#### 1500 Free

1	Pascal Wollach	2002	17:04.14
2	Dan Renaud	1987	17:16.04
3	Michael Hamilton	1980	17:26.30
4	Graeme Tozer	1999	17:26.69
5	Brian Woolhouse	1985	17:29.16
6	Chad Bobrosky	2007	17:31.16
7	Curtis Myden	1987	17:37.80
8	Russell Wood	2008	17:39.67
9	Corey Mills	2008	17:41.35
10	Chris Peck	1986	17:42.20

#### 4 x 100 Free Relay

1	McAuley/KendrickM/Maybury/KendrickJ	2004	3:57.44
2	Novak/Stenhouse/Krywitsky/Blattler	2006	3:58.31
3	Pham/Russell/MayburyA/Mills	2008	3:58.56
4	Bobrosky/Mills/Pham/Jobin	2007	3:59.45
5	Wood/Nelson/Pham/MayburyA	2008	4:00.61
6	Bobrosky/Mills/Jobin/Pham	2007	4:00.82
7	Stenhouse/Krywitsky/Chow/Bobrosky	2006	4:06.59
8	Bennett/Krywitsky/Christmas/Szoo	2005	4:08.67
9	Mills/Warrack/Large/Nelson	2008	4:13.53
10			

#### 4 x 100 Medley Relay

1	Novak/Stenhouse/Jobin/Krywitsky	2006	4:27.56
2	Bobrosky/Lui/Jobin/Mills	2007	4:30.62
3	Wood/Stairs/MayburyA/Mills	2008	4:34.10
4	Christmas/Chow/Szoo/Fung	2005	4:44.78
5			
6			
7			
8			
9			
10			

#### 4 x 200 Free Relay

1	Bobrosky/Mills/Pham/Jobin	2007	8:44.20
2	Pham/Mills/Bobrosky/Jobin	2007	8:44.70
3	Pham/Nelson/MayburyA/Stairs	2008	8:50.13
4	Krywitsky/Bobrosky/Blattler/Jobin	2006	8:55.82
5	Pham/Nelson/MayburyA/Mills	2008	8:56.13
6	Jobin/Krywitsky/Blattler/Bobrosky	2006	9:14.00
7	Mills/Nelson/Warrack/Lyons	2008	9:19.64
8			
9			
10			

## 15 - 17 Girls LC

## 50 Free

1	Seanna Mitchell	2006	:26.70
2	Michaela Schmidt	2000	:27.41
3	Barb Clark	1976	:27.61
4	Desiree Fofie	1997	:27.75
4	Jillian Tyler	2004	:27.75
6	Stephanie Beninger	2006	:27.98
7	Megan Gillis	1994	:28.07
8	Jane Watson	1999	:28.09
9	Trish Stoutenberg	1996	:28.15
10	Pamela Starratt	2006	:28.18

## 100 Back

1	Kirsten Pomerleau	2005	1:05.13
2	Seanna Mitchell	2005	1:05.76
3	Michaela Schmidt	2000	1:06.79
4	Barb Clark	1976	1:07.85
5	Kelly Doody	1996	1:08.57
6	Karla Kochorek	1988	1:08.73
7	Pamela Starratt	2006	1:09.06
8	Sasha Sproule	2008	1:09.14
9	Carol Starratt	2004	1:09.22
10	Jodi Hindley	1994	1:09.49

## 100 Fly

1	Michaela Schmidt	2000	1:02.00
2	Hayley Doody	2001	1:03.61
3	Sarah Stansbury	1997	1:03.81
4	Jillian Tyler	2004	1:04.05
5	Rayven Snodgrass	2007	1:04.44
6	Barb Clark	1976	1:04.82
7	Leanne Dick	1991	1:04.99
8	Jessica Johnson	2007	1:05.46
9	Lori Eshom	1990	1:05.80
10	Jodi Hindley	1993	1:06.21

## 100 Free

1	Seanna Mitchell	2006	:57.22
2	Barb Clark	1976	:57.70
3	Kirsten Pomerleau	2005	:58.60
4	Jillian Tyler	2004	:58.74
5	Stephanie Beninger	2006	:59.02
6	Michaela Schmidt	2000	:59.77
7	Hayley Doody	2001	:59.94
8	Trish Stoutenberg	1996	1:00.03
9	Jessica Johnson	2006	1:00.36
10	Megan Gillis	1994	1:00.38

## 200 Back

1	Sasha Sproule	2008	2:22.14
2	Michaela Schmidt	2000	2:24.07
3	Seanna Mitchell	2006	2:24.45
4	Karla Kochorek	1989	2:27.59
5	Stacy Cormack	2002	2:28.23
6	Shelbi Snodgrass	2007	2:28.78
7	Pamela Starratt	2006	2:29.12
8	Carol Starratt	2002	2:29.50
9	Beth May	1980	2:29.78
10	Jodi Hindley	1992	2:30.23

## 200 Fly

1	Michaela Schmidt	2000	2:15.77
2	Lori Eshom	1990	2:22.50
3	Jessica Johnson	2007	2:23.46
4	Sarah Stansbury	1997	2:23.77
5	Jillian Tyler	2004	2:23.85
6	Jennifer Yanko	1990	2:23.97
7	Ally Jack	2003	2:24.26
8	Sari Sippola	1985	2:25.03
9	Jodi Hindley	1992	2:25.42
10	E. Evanoff	1980	2:26.90

## 200 Free

1	Seanna Mitchell	2006	2:07.54
2	Hayley Doody	2001	2:07.64
3	Jillian Tyler	2004	2:09.07
4	Stephanie Beninger	2006	2:09.94
5	Stacy Cormack	2003	2:10.11
6	Trish Stoutenberg	1998	2:10.63
7	Megan Gillis	1994	2:11.43
8	Hailee Traa	2003	2:11.48
9	Emma Sproule	2008	2:11.84
9	Sandy Finn	1998	2:11.84

## 100 Breast

1	Jillian Tyler	2004	1:10.99
2	Meagan Sinclair	2001	1:15.29
3	Stephanie Beninger	2006	1:15.67
4	Jessica Johnson	2007	1:16.58
5	Sandy Finn	1998	1:16.75
6	Allison Miller	2003	1:17.30
7	Kelly Doody	1997	1:17.35
8	Shelbi Snodgrass	2007	1:17.58
9	Rosalyn Richardson	2008	1:18.39
10	K. Cochrane / Carol Starratt		1:18.86

## 200 IM

1	Jillian Tyler	2004	2:20.92
2	Kelly Doody	1997	2:23.68
3	Michaela Schmidt	2000	2:23.94
4	Shelbi Snodgrass	2007	2:24.28
5	Seanna Mitchell	2006	2:24.44
6	Haley Doody	2002	2:24.92
7	Sandy Finn	1998	2:24.94
8	Jessica Johnson	2007	2:25.04
9	Stephanie Beninger	2006	2:27.31
10	Rayven Snodgrass	2007	2:28.51

## 400 Free

1	Hayley Doody	2001	4:28.68
2	Megan Gillis	1996	4:29.76
3	Stacy Cormack	2003	4:29.96
4	Jillian Tyler	2004	4:32.45
5	Jessica Johnson	2007	4:33.61
6	Sandy Finn	1997	4:36.11
7	Shelbi Snodgrass	2008	4:38.13
8	Erin Eshom	1989	4:38.41
9	Karen Fahrni	1999	4:38.86
10	Tara Bourque	1998	4:38.92

## 200 Breast

1	Jillian Tyler	2005	2:33.65
2	Meagan Sinclair	2001	2:39.60
3	Kelly Doody	1997	2:42.69
4	Stephanie Beninger	2006	2:45.28
5	Katherine Cochrane	2000	2:45.39
6	Sandy Finn	1998	2:46.13
7	Carol Starratt	2002	2:47.11
8	Shelbi Snodgrass	2006	2:47.65
9	Jessica Johnson	2007	2:47.91
10	Rosalyn Richardson	2008	2:48.07

## 400 IM

1	Kelly Doody	1996	5:01.14
2	Jessica Johnson	2007	5:01.70
3	Sandy Finn	1998	5:01.76
4	Shelbi Snodgrass	2007	5:09.02
5	Michaela Schmidt	2000	5:09.96
6	Hailee Traa	2003	5:10.45
7	Jillian Tyler	2004	5:12.72
8	Megan Gillis	1996	5:13.39
9	Hayley Doody	2001	5:14.04
10	Jennifer Yanko	1992	5:14.95

## 800 Free

1	Stacy Cormack	2003	9:11.81
2	Hayley Doody	2001	9:17.62
3	Alaine May	1980	9:21.81
4	Megan Gillis	1996	9:22.06
5	Erin Eshom	1989	9:29.19
6	Celeina Chowanetz	2008	9:33.03
7	Tara Bourque	1998	9:34.40
8	Emma Sproule	2008	9:34.70
9	Jillian Tyler	2004	9:36.45
10	Karen Fahrni	2000	9:37.46

## 4 x 50 Free Relay

1	Alberta Provincials	1997	1:51.53
2	Alberta Provincials	2001	1:51.56
3	Alberta Provincials	1994	1:53.42
4	EKI	1999	1:53.74
5	Alberta Provincials	1998	1:53.96
6	EKI	2000	1:54.56
7	Youth Champs	1992	1:56.03
8	EKI	1993	1:56.12
9	Youth Champs	1996	1:56.13
10	Alberta Provincials	1985	1:57.79

## 4 x 50 Medley Relay

1	Club Nationals	2004	2:04.15
2	Canada Jr Nationals	1998	2:05.81
3	Alberta Provincials	1997	2:06.60
4	BC Seniors	1994	2:06.71
5	Alberta Provincials	1996	2:06.91
6	UC Grand Prix	1999	2:07.61
7	EKI	2000	2:07.70
8	EKI	1993	2:08.72
9	EKI	1992	2:09.33
10	Jobin/Macrae/Maxe	2000	2:10.08

## 1500 Free

1	Celeina Chowanetz	2008	18:09.43
2	Alana Wood	2008	18:28.02
3	Krista Maier	2006	18:32.29
4	Emma Sproule	2008	18:42.75
5	Danielle Bobrosky	2008	19:00.99
6	Lisa Deliu	2008	20:01.35
7	Bridget Cann	2008	20:13.06
8			
9			
10			

## 4 x 100 Free Relay

1	Tyler/StarrattP/Sayles/StarrattC	2004	4:07.39
2	Murphy/Wood/SnodgrassR/SprouleE	2008	4:10.54
3	Murphy/Wood/Chowanetz/SprouleE	2008	4:14.51
4	Beninger/SnodgrassS/Bobrosky/Thibault	2006	4:19.69
5	Johnson/SnodgrassS/Wardale/Melenka	2005	4:19.70
6			
7			
8			
9			
10			

## 4 x 100 Medley Relay

1	Wardale/SnodgrassR/Toth/Wood	2005	4:36.69
2	SprouleS/Richardson/Wood/Chowanetz	2008	4:45.51
3			
4			
5			
6			
7			
8			
9			
10			

## 4 x 200 Free Relay

1	Wood/Murphy/Chowanetz/SprouleE	2008	9:03.23
2	Wardale/Johnson/SnodgrassS/Tyler	2005	9:08.37
3	Wood/Murphy/Richardson/Chowanetz	2008	9:10.74
4	Beninger/Sproule/SnodgrassS/Bobrosky	2006	9:22.29
5	Murphy/Penock/Richardson/SprouleS	2008	9:24.23
6			
7			
8			
9			
10			

## 15 - 17 Boys LC

## 50 Free

1	Trevor Neufeld	2002	:24.19
2	Daniel Blattler	2007	:24.65
3	James Kendrick	2008	:24.67
4	Matthew Tomasson	1994	:24.82
5	Ted Murphy	1991	:24.83
6	Ryan Bell	1986	:24.98
7	Joel Greenshields	2004	:25.04
8	Mark Ritchie	1995	:25.15
9	James Hibberd	1999	:25.24
10	Darcy Mork, Brian Brix, Derek Doerksen	85/93/06	:25.32

## 100 Back

1	Callum Ng	2003	:58.05
2	Pascal Wollach	2004	:58.14
3	James Kendrick	2008	:59.54
4	Chris Renaud	1992	:59.76
5	Adam Martinson	2001	:59.80
6	Karl Wolk	2007	1:00.00
7	Patrick Goral	1995	1:00.24
8	Joel Greenshields	2004	1:00.38
9	Craig Gillis	1999	1:00.61
10	Braden Maybury	2008	1:00.84

## 100 Fly

1	Robert Ansell	1980	:57.09
2	Scott Issac	1986	:57.45
3	Craig Gillis	2000	:57.49
4	Karl Wolk	2008	:57.51
5	Callum Ng	2002	:57.62
6	Adam Martinson	2001	:57.83
7	Gavin Carscallen	1996	:57.98
8	Thoman Jobin	2008	:58.87
9	Braden Maybury	2007	:59.12
10	James Kendrick	2008	:59.16

## 100 Free

1	James Kendrick	2008	:52.51
2	Joel Greenshields	2004	:52.64
3	Karl Wolk	2008	:52.66
4	Pascal Wollach	2004	:52.95
5	Darcy Mork	1985	:53.50
6	Daniel Blattler	2008	:53.53
7	Trevor Neufeld	2002	:53.57
8	Ryan Bell	1986	:53.64
9	Matthew Tomasson	1994	:54.23
10	Ted Murphy	1991	:54.29

## 200 Back

1	Karl Wolk	2008	2:05.76
2	Derek Doerksen	2006	2:06.44
3	Adam Martinson	2001	2:08.07
4	Callum Ng	2002	2:08.16
5	Joel Greenshields	2004	2:08.84
6	Craig Gillis	2000	2:08.88
7	James Kendrick	2008	2:09.62
8	Aaron Blair	2002	2:10.81
9	Pascal Wollach	2003	2:11.07
10	Patrick Goral	1994	2:11.17

## 200 Fly

1	Callum Ng	2001	2:03.86
2	Scott Issac	1986	2:05.97
3	Karl Wolk	2008	2:06.23
4	Braden Maybury	2008	2:07.19
5	Ken McDonald	1988	2:08.99
6	Thomas Jobin	2008	2:09.01
7	Craig Gillis	2000	2:09.41
8	Matthew Henderson	1996	2:10.20
9	Robert Ansell	1980	2:10.51
10	Sandy Magee	1987	2:12.82

## 200 Free

1	James Kendrick	2008	1:54.45
2	Pascal Wollach	2004	1:54.87
3	Darcy Mork	1985	1:55.76
4	Joel Greenshields	2004	1:55.88
5	Karl Wolk	2008	1:55.96
6	Chad Bobrosky	2008	1:56.19
7	Aaron Blair	2002	1:57.88
8	Adam Szoo	2006	1:58.03
9	Callum Ng	2002	1:58.21
10	Ryan Bell	1986	1:58.35

## 100 Breast

1	Adam Szoo	2005	1:06.64
2	Randy Fedderson	1986	1:07.39
3	Thomas South	2001	1:07.88
4	Curtis Myden	1989	1:08.29
5	Derek Desrochers	1993	1:08.72
6	Christopher Dalen	2008	1:09.05
7	Ted Murphy	1990	1:10.22
8	Mike Yuzwa	1999	1:10.58
9	Chris Peck	1987	1:10.99
10	Cameron Lavalley	2002	1:11.07

## 200 IM

1	Callum Ng	2001	2:07.55
2	Curtis Myden	1989	2:07.66
3	Craig Gillis	2000	2:11.00
4	Randy Fedderson	1986	2:11.63
5	Matthew Henderson	1996	2:11.95
6	Joel Greenshields	2004	2:12.42
7	Adam Szoo	2005	2:12.74
8	Derek Doerksen	2006	2:12.99
9	Karl Wolk	2007	2:13.11
10	Ian Wilson	1996	2:13.36

## 400 Free

1	Chad Bobrosky	2008	4:03.58
2	Karl Wolk	2008	4:03.69
3	James Kendrick	2008	4:04.78
4	Joel Greenshields	2004	4:06.77
5	Scott Issac	1986	4:07.64
6	Pascal Wollach	2004	4:09.05
7	Aaron Blair	2002	4:09.42
8	Curtis Myden	1989	4:10.03
9	Patrick Goral	1994	4:10.78
10	Tom Krywitsky	2008	4:10.80

## 200 Breast

1	Curtis Myden	1989	2:25.32
2	Adam Szoo	2005	2:25.50
3	Thomas South	2001	2:27.52
4	Randy Fedderson	1985	2:29.08
5	Callum Ng	2003	2:29.86
6	Christopher Dalen	2007	2:30.12
7	Chris Peck	1989	2:30.14
8	Derek Desrochers	1992	2:31.42
9	Ted Murphy	1989	2:31.72
10	Luis Veronese	1994	2:31.96

## 400 IM

1	Curtis Myden	1990	4:30.03
2	Callum Ng	2001	4:31.06
3	Matthew Henderson	1996	4:40.81
4	Ian Wilson	1996	4:42.65
5	Ken McDonald	1988	4:43.00
6	Michael Driedger	2003	4:46.63
7	Luis Veronese	1995	4:47.39
8	Adam Kautz	2005	4:48.10
9	Thomas Jobin	2008	4:48.40
10	Randy Fedderson	1985	4:50.23

## 800 Free

1	Chad Bobrosky	2008	8:25.87
2	Pascal Wollach	2004	8:39.25
3	Tom Krywitsky	2008	8:43.78
4	Joel Greenshields	2004	8:46.48
5	Scott Stewart	2008	8:48.77
6	Karl Wolk	2007	8:49.59
7	Sheraz Jason	2007	8:58.20
8	Corey Mills	2008	9:08.50
9	Brandon Myers	2007	9:12.53
10	Thomas Schaepmeyer	2008	9:46.82

## 4 x 50 Free Relay

1	Youth Champs	1995	1:40.35
2	BC Seniors	1994	1:40.75
3	Youth Champs	1999	1:41.17
4	Youth Champs	1992	1:41.19
5	Reid/Minue/Ng/Neufeld	2001	1:41.93
6	Krysiak,Myers,Lefsrud,Maybury	2007	1:42.25
7	Szoo/Kautz/Doerksen/Lefsrud	2005	1:42.80
8	EKI	1993	1:42.83
9	Junior Nationals	1985	1:43.09
10	Youth Champs	1998	1:43.34

## 4 x 50 Medley Relay

1	Youth Champs	1999	1:50.80
2	Youth Champs	1995	1:50.97
3	Youth Champs	1992	1:52.95
4	Youth Champs	1994	1:53.03
5	Lefsrud/Szoo/Doerksen/Kautz	2005	1:53.33
6	Nationals	1985	1:53.53
7	Ng/Reid/Minue/Neufeld	2001	1:54.01
8	Alberta Provincials	1986	1:54.55
9	Nationals	1987	1:55.29
10	KendrickJ/Krysiak/KendrickM/Blattler	2007	1:55.40

## 1500 Free

1	Chad Bobrosky	2008	16:13.05
2	Pascal Wollach	2004	16:20.81
3	Tom Krywitsky	2008	16:22.29
4	Matthew Henderson	1996	16:33.82
5	Scott Issac	1984	16:35.17
6	Karl Wolk	2008	16:45.48
7	Sean Gallagher	1980	16:46.73
8	Colin Halford	1999	16:47.54
9	Chris Peck	1987	16:48.69
10	Matthew DeMaere	1989	16:49.99

## 4 x 100 Free Relay

1	Pham/Bobrosky/Mills/Jobin	2008	3:42.17
2	Bobrosky/Krywitsky/Blattler/Jobin	2008	3:43.70
3	Wolk/Krywitsky/Bobrosky/Jobin	2007	3:44.92
4	Szoo/Kautz/Doerksen/Lefsrud	2005	3:48.22
5	Szoo/Kautz/Doerksen/Galloway	2005	3:49.06
6	Stenhouse/Jason/JKendrick/Krywitsky	2006	3:53.72
7	Blattler/Dalen/Schaepmeyer/Wagner	2008	3:59.04
8			
9			
10			

## 4 x 100 Medley Relay

1	Wolk/Dalen/Jobin/Krywitsky	2007	4:09.69
2	Lefsrud/Szoo/Doerksen/Kautz	2005	4:09.97
3	Myers/Wagner/Jobin/Krywitsky	2008	4:14.83
4	Maybury/Bobrosky/Jobin/Mills	2008	4:15.03
5	KendrickJ/Wagner/Jason/Krywitsky	2006	4:27.84
6			
7			
8			
9			
10			

## 4 x 200 Free Relay

1	Bobrosky/MayburyB/Blattler/Jobin	2008	8:14.71
2	Szoo/Kautz/Doerksen/Lefsrud	2005	8:18.30
3			
4			
5			
6			
7			
8			
9			
10			

Open Girls LC

50 Free

1	Seanna Mitchell	2007	:26.00
2	Jodi Quinney	1994	:26.76
3	G. Sponheimer	1979	:26.98
4	Laura Grant	2007	:27.22
5	Erin Murphy	1993	:27.31
6	Michaela Schmidt	2007	:27.39
7	Pamela Starratt	2007	:27.51
8	Barb Clark	1976	:27.61
9	Desiree Fofie	1997	:27.75
9	Jillian Tyler	2004	:27.75

100 Back

1	Kirsten Pomerleau	2005	1:05.13
2	Seanna Mitchell	2007	1:05.70
3	Michaela Schmidt	2000	1:06.79
4	Barb Clark	1976	1:07.85
5	Brooklynn Snodgrass	2008	1:07.91
6	Kelly Doody	1994	1:08.02
7	Pamela Starratt	2007	1:08.62
8	Karla Kochorek	1988	1:08.73
9	Sasha Sproule	2008	1:09.14
10	Carol Starratt	2004	1:09.22

100 Fly

1	Michaela Schmidt	2000	1:02.00
2	Seanna Mitchell	2006	1:02.75
3	Hayley Doody	2001	1:03.61
4	Sarah Stansbury	1997	1:03.81
5	Jillian Tyler	2004	1:04.05
6	Stephanie Beninger	2008	1:04.09
7	Rayven Snodgrass	2007	1:04.44
8	Laura Grant	2008	1:04.53
9	Barb Clark	1976	1:04.82
10	Juliana Heinz	2002	1:04.89

100 Free

1	Seanna Mitchell	2007	:56.31
2	Barb Clark	1976	:57.70
3	Kirsten Pomerleau	2005	:58.60
4	Jillian Tyler	2004	:58.74
5	Laura Grant	2008	:58.84
6	Stephanie Beninger	2006	:59.02
7	Erin Murphy	1993	:59.33
8	Michaela Schmidt	2001	:59.70
9	Pamela Starratt	2007	:59.74
10	Hayley Doody	2001	:59.94

200 Back

1	Seanna Mitchell	2008	2:17.76
2	Sasha Sproule	2008	2:22.14
3	Brooklynn Snodgrass	2008	2:23.67
4	Michaela Schmidt	2000	2:24.07
5	Brittany Ozar	2003	2:25.77
6	Madison Mackley	2008	2:27.29
7	Karla Kochorek	1989	2:27.59
8	Kelly Doody	1994	2:27.76
9	Jessica Johnson	2008	2:27.84
10	Stacy Cormack	2002	2:28.23

200 Fly

1	Michaela Schmidt	2000	2:15.77
2	Lori Eshom	1993	2:20.78
3	Jessica Johnson	2008	2:21.00
4	Susan Barnes	1996	2:22.56
5	Jennifer Yanko	1990	2:23.30
6	Sarah Stansbury	1997	2:23.77
7	Jillian Tyler	2004	2:23.85
8	Ally Jack	2003	2:24.26
9	Sari Sippola	1985	2:25.03
10	Jodi Hindley	1994	2:25.42

200 Free

1	Seanna Mitchell	2008	2:06.23
2	Hayley Doody	2001	2:07.64
3	Laura Grant	2008	2:08.20
4	Susan Barnes	1998	2:08.39
5	Stephanie Beninger	2008	2:08.65
6	Jillian Tyler	2004	2:09.04
7	Stacy Cormack	2003	2:10.11
8	Trish Stoutenberg	1998	2:10.63
9	Brittany Ozar	2003	2:10.75
10	Pamela Starratt	2007	2:10.78

100 Breast

1	Jillian Tyler	2008	1:08.13
2	Meagan Sinclair	2001	1:15.29
3	Stephanie Beninger	2006	1:15.67
4	Jessica Johnson	2007	1:16.58
5	Sandy Finn	1998	1:16.75
6	Allison Miller	2003	1:17.30
7	Kelly Doody	1997	1:17.35
8	Shelbi Snodgrass	2007	1:17.58
9	Evangeline Blais	1998	1:17.91
10	Katherine Poole	1994	1:18.32

200 IM

1	Seanna Mitchell	2007	2:18.79
2	Jillian Tyler	2004	2:20.92
3	Jessica Johnson	2008	2:23.61
4	Kelly Doody	1997	2:23.68
5	Michaela Schmidt	2000	2:23.94
6	Shelbi Snodgrass	2007	2:24.28
7	Hayley Doody	2002	2:24.92
8	Sandy Finn	1998	2:24.94
9	Stephanie Beninger	2006	2:27.31
10	Rayven Snodgrass	2007	2:28.51

400 Free

1	Susan Barnes	1993	4:23.79
2	Hayley Doody	2001	4:28.68
3	Serena Copenace	1984	4:29.71
4	Megan Gillis	1996	4:29.76
5	Stacy Cormack	2003	4:29.96
6	Jillian Tyler	2004	4:32.45
7	Jessica Johnson	2007	4:33.61
8	Brittany Ozar	2004	4:34.23
9	Tyra Rooney	2008	4:35.35
10	Sandy Finn	1997	4:36.11

200 Breast

1	Jillian Tyler	2008	2:29.36
2	Meagan Sinclair	2001	2:39.60
3	Kelly Doody	1997	2:42.69
4	Stephanie Beninger	2006	2:45.28
5	Katherine Cochran	2000	2:45.39
6	Sandy Finn	1998	2:46.13
7	Tara Hahto	2003	2:46.77
8	Jessica Johnson	2008	2:46.78
9	Carol Starratt	2002	2:47.11
10	Shelbi Snodgrass	2006	2:47.65

400 IM

1	Kelly Doody	1996	5:01.14
2	Jessica Johnson	2007	5:01.70
3	Sandy Finn	1998	5:01.76
4	Serena Copenace	1984	5:05.68
5	Shelbi Snodgrass	2007	5:09.02
6	Michaela Schmidt	2000	5:09.96
7	Seanna Mitchell	2008	5:10.26
8	Sarah Stansbury	1996	5:10.28
9	Hailee Traa	2003	5:10.45
10	Jillian Tyler	2004	5:12.72

800 Free

1	Susan Barnes	1996	8:54.39
2	Stacy Cormack	2003	9:11.81
3	Hayley Doody	2001	9:17.62
4	Serena Copenace	1984	9:17.65
5	Erin Holland	1986	9:20.28
6	Alaine May	1980	9:21.81
7	Megan Gillis	1996	9:22.06
8	Erin Eshom	1989	9:29.19
9	Tyra Rooney	2008	9:29.94
10	Pamela Starratt	2004	9:32.33

4 x 50 Free Relay

1	Murphy/Beninger/Johnson/Mitchell	2008	1:51.20
2	Schmidt/Tyler/Johnson/Starratt	2005	1:51.28
3	Alberta Provincials	1997	1:51.53
4	Alberta Provincials	2001	1:51.56
5	Alberta Provincials	1994	1:53.42
6	EKI	1999	1:53.74
7	Grant/Beninger/Johnson/Murphy	2007	1:53.82
8	Alberta Provincials	1998	1:53.96
9	Tyler/Jones/Wardale/Starratt	2002	1:54.21
10	EKI	2000	1:54.56

4 x 50 Medley Relay

1	Miller/Tyler/Schmidt/Starratt	2005	2:03.23
2	StarrattC/Tyler/Jack/StarrattP	2004	2:04.15
3	Canada Jr Nationals	1998	2:05.81
4	Alberta Provincials	1997	2:06.60
5	BC Seniors	1994	2:06.71
6	Alberta Provincials	1996	2:06.91
7	UC Grand Prix	1999	2:07.61
8	EKI	2000	2:07.70
9	Mitchell/Johnson/Beninger/Murphy	2008	2:07.80
10	UCSC Grand Prix	1999	2:08.11

1500 Free

1	Celeina Chohanetz	2008	18:09.43
2	Tyra Rooney	2008	18:11.85
3	Alana Wood	2008	18:28.02
4	Krista Maier	2006	18:32.29
5	Emma Sproule	2008	18:42.75
6	Danielle Bobrosky	2008	19:00.99
7	Jessica Warrack	2008	19:33.75
8	Hannah Chernos	2008	19:55.44
9	Lisa Deliu	2008	20:01.35
10	Alison Bayne	2007	20:02.09

4 x 100 Free Relay

1	Beninger/Starratt/Johnson/Mitchell	2007	3:53.89
2	Beninger/Grant/Johnson/Mitchell	2007	3:55.84
3	Beninger/Johnson/Starratt/Mitchell	2006	3:56.90
4	Beninger/Mitchell/Johnson/SnodgrassB	2008	3:57.80
5	Murphy/Beninger/Johnson/Mitchell	2008	3:59.38
6	Schmidt/Johnson/Mitchell/SnodgrassR	2007	3:59.75
7	Mitchell/Beninger/Johnson/Starratt	2006	4:00.10
8	Mitchell/Beninger/Johnson/Murphy	2007	4:05.32
9	Beninger/Johnson/SnodgrassR/Snodgrass	2007	4:06.23
10	Schmidt/Tyler/Johnson/Starratt	2005	4:06.97

4 x 100 Medley Relay

1	SnodgrassB/Tyler/Beninger/Mitchell	2008	4:18.87
2	Mitchell/Beninger/Johnson/Starratt	2006	4:27.48
3	Schmidt/Johnson/SnodgrassR/Mitchell	2007	4:28.81
4	Starratt/Beninger/Johnson/Mitchell	2006	4:31.46
5	Wardale/Tyler/Schmidt/Starratt	2005	4:32.92
6	Mitchell/Johnson/Beninger/Murphy	2008	4:33.89
7	Sproule/Johnson/SnodgrassR/Beninger	2007	4:35.46
8	Sproule/Johnson/SnodgrassS/Beninger	2007	4:37.55
9	SprouleS/Richardson/Johnson/Murphy	2008	4:41.68
10	SprouleS/Richardson/Wood/Chowanetz	2008	4:45.51

4 x 200 Free Relay

1	Beninger/Mitchell/Grant/Johnson	2007	8:40.09
2	Johnson/Starratt/Beninger/Mitchell	2007	8:40.27
3	Mitchell/SnodgrassB/Beninger/Johnson	2008	8:41.00
4	SprouleE/Johnson/Beninger/Mitchell	2008	8:44.89
5	Beninger/Starratt/Mitchell/Johnson	2006	8:52.73
6	Wood/Murphy/Chowanetz/SprouleE	2008	9:03.23
7	Johnson/SnodgrassR/Beninger/Murphy	2007	9:05.90
8	Wardale/Johnson/SnodgrassS/Tyler	2005	9:08.37
9	Wood/Murphy/Richardson/Chowanetz	2008	9:10.74
10	Johnson/Mitchell/Beninger/SnodgrassS	2007	9:15.01

## Open Boys LC

### 50 Free

1	Vlastimil Cerny	1993	:23.62
2	Trevor Neufeld	2003	:24.02
3	Brian Brix	1995	:24.10
4	Ted Murphy	1994	:24.16
5	Rob Fox	1995	:24.48
6	Val Weaver	1993	:24.50
7	Daniel Blattler	2007	:24.65
8	James Kendrick	2008	:24.67
9	Matthew Tomasson	1994	:24.82
10	Ryan Bell	1986	:24.98

### 100 Back

1	Gavin Carscallen	1999	:57.86
2	Callum Ng	2003	:58.05
3	Pascal Wollach	2004	:58.14
4	Derek Doerksen	2008	:59.20
5	James Kendrick	2008	:59.54
6	Ken McDonald	1993	:59.60
7	Aaron Blair	2004	:59.74
8	Chris Renaud	1992	:59.76
9	Adam Martinson	2001	:59.80
10	Karl Wolk	2007	1:00.00

### 100 Fly

1	Gavin Carscallen	2000	:54.78
2	Craig Gillis	2002	:56.64
3	Chad Murray	2007	:56.78
4	Vlastimil Cerny	1993	:56.89
5	Robert Ansell	1980	:57.09
5	Ken McDonald	1993	:57.09
7	Scott Issac	1986	:57.45
8	Karl Wolk	2008	:57.51
9	Callum Ng	2001	:57.62
10	Adam Martinson	2001	:57.83

### 100 Free

1	Vlastimil Cerny	1992	:52.36
2	James Kendrick	2008	:52.51
3	Trevor Neufeld	2002	:52.63
4	Joel Greenshields	2004	:52.64
5	Karl Wolk	2008	:52.66
6	Ted Murphy	1993	:52.74
7	Daniel Blattler	2008	:52.87
8	Pascal Wollach	2004	:52.95
9	Darcy Mork	1985	:53.50
10	Ryan Bell	1986	:53.64

### 200 Back

1	Derek Doerksen	2008	2:04.18
2	Karl Wolk	2008	2:05.76
3	Aaron Blair	2004	2:07.60
4	Craig Gillis	2001	2:07.68
5	Adam Martinson	2001	2:08.07
6	Callum Ng	2002	2:08.16
7	Joel Greenshields	2004	2:08.84
8	Ian Wilson	1997	2:09.30
9	James Kendrick	2008	2:09.62
10	Trevor Gillis	1995	2:10.84

### 200 Fly

1	Chad Murray	2008	2:01.73
2	Callum Ng	2001	2:03.86
3	Ken McDonald	1992	2:05.31
4	Scott Issac	1986	2:05.97
5	Karl Wolk	2008	2:06.23
6	Craig Gillis	2004	2:06.34
7	Braden Maybury	2008	2:07.19
8	Trevor Gillis	1996	2:07.60
9	Thomas Jobin	2008	2:09.01
10	Adam Kautz / Matthew Henderson	08/97	2:09.19

### 200 Free

1	James Kendrick	2008	1:54.45
2	Mark Ritchie	1999	1:54.87
2	Pascal Wollach	2004	1:54.87
4	Darcy Mork	1985	1:55.76
5	Joel Greenshields	2004	1:55.88
6	Karl Wolk	2008	1:55.96
7	Chad Bobrosky	2008	1:56.19
8	Adam Szoo	2006	1:57.43
9	Adam Kautz	2008	1:57.69
10	Aaron Blair	2003	1:57.88

### 100 Breast

1	Adam Szoo	2006	1:06.21
2	Bryce Milsom	1993	1:06.55
3	Rob Fox	1995	1:06.56
4	Chris Peck	1992	1:07.05
5	Randy Feddersen	1986	1:07.39
6	Thomas South	2001	1:07.88
7	Ted Murphy	1992	1:08.02
8	Curtis Myden	1989	1:08.29
9	Derek Desrochers	1993	1:08.72
10	Christopher Dalen	2008	1:09.05

### 200 IM

1	Chad Murray	2008	2:04.01
2	Callum Ng	2001	2:07.55
3	Curtis Myden	1989	2:07.66
4	Craig Gillis	2004	2:08.97
5	Trevor Gillis	1995	2:10.38
6	Randy Feddersen	1986	2:11.63
7	Matthew Henderson	1996	2:11.95
8	Ken McDonald	1992	2:11.96
9	Joel Greenshields	2004	2:12.42
10	Adam Szoo	2005	2:12.74

### 400 Free

1	Chad Bobrosky	2008	4:03.58
2	Karl Wolk	2008	4:03.69
3	James Kendrick	2008	4:04.78
4	Mark Ritchie	1998	4:05.85
5	Aaron Blair	2004	4:06.60
6	Joel Greenshields	2004	4:06.77
7	Pascal Wollach	2004	4:06.84
8	Scott Issac	1986	4:07.64
9	Chris Peck	1992	4:09.18
10	Curtis Myden	1989	4:10.03

### 200 Breast

1	Rob Fox	1995	2:21.61
2	Adam Szoo	2006	2:24.45
3	Thomas South	2001	2:24.75
4	Curtis Myden	1989	2:25.32
5	Bryce Milsom	1993	2:25.75
6	Chris Peck	1992	2:26.41
7	Randy Feddersen	1985	2:29.08
8	Callum Ng	2003	2:29.86
9	Christopher Dalen	2007	2:30.12
10	Derek Desrochers	1995	2:31.25

### 400 IM

1	Chad Murray	2008	4:25.71
2	Curtis Myden	1990	4:30.03
3	Callum Ng	2001	4:31.06
4	Craig Gillis	2004	4:35.81
5	Trevor Gillis	1995	4:37.13
6	Ian Wilson	1997	4:38.84
7	Matthew Henderson	1996	4:40.25
8	Mike Driedger	2004	4:42.90
9	Ken McDonald	1988	4:43.00
10	Chris Peck	1992	4:45.88

### 800 Free

1	Chad Bobrosky	2008	8:25.87
2	Pascal Wollach	2004	8:39.25
3	Tom Krywitsky	2008	8:43.78
4	Joel Greenshields	2004	8:46.48
5	Scott Stewart	2008	8:48.77
6	Karl Wolk	2007	8:49.59
7	Adam Kautz	2008	8:56.94
8	Sheraz Jason	2007	8:58.20
9	Corey Mills	2008	8:58.41
10	Thomas Jobin	2007	9:06.82

### 4 x 50 Free Relay

1	Blattler/Wolk/KendrickJ/Freeman	2008	1:38.01
2	KendrickM/Doerksen/Kautz/KendrickJ	2007	1:40.09
3	Youth Champs	1995	1:40.35
4	Blattler/KendrickJ/Lefsrud/Doerksen	2007	1:40.38
5	BC Seniors	1994	1:40.75
6	Youth Champs	1999	1:41.17
7	Youth Champs	1992	1:41.19
8	Reid/Minue/Ng/Neufeld	2001	1:41.93
9	KendrickM/Kautz/Krysiak/MayburyB	2007	1:42.10
10	Krysiak/Myers/Lefsrud/Maybury	2007	1:42.25

### 4 x 50 Medley Relay

1	KendrickJ/Doerksen/Lefsrud/Blattler	2007	1:50.62
2	Youth Champs	1999	1:50.80
3	Youth Champs	1995	1:50.97
4	MayburyB/Dalen/Wolk/Freeman	2008	1:51.39
5	KendrickJ/Krysiak/Kautz/Blattler	2008	1:51.69
6	Youth Champs	1992	1:52.95
7	Youth Champs	1994	1:53.03
8	Lefsrud/Szoo/Doerksen/Kautz	2005	1:53.33
9	Nationals	1985	1:53.53
10	Lefsrud/Doerksen/Kautz/Blattler	2006	1:53.84

### 1500 Free

1	Chad Bobrosky	2008	16:13.05
2	Pascal Wollach	2004	16:20.81
3	Tom Krywitsky	2008	16:22.29
4	Chris Peck	1993	16:24.94
5	Matthew Henderson	1996	16:33.82
6	Scott Issac	1984	16:35.17
7	Mike Driedger	2004	16:41.28
8	Karl Wolk	2008	16:45.48
9	Sean Gallagher	1980	16:46.73
10	Colin Halford	1999	16:47.54

### 4 x 100 Free Relay

1	Blattler/Wolk/Freeman/KendrickJ	2008	3:33.15
2	KendrickJ/Wolk/Kautz/Bobrosky	2008	3:33.29
3	Blattler/Kautz/Wolk/KendrickJ	2007	3:34.31
4	Blattler/Maybury/Doerksen/KendrickJ	2007	3:37.77
5	Krysiak/Kautz/Jobin/MayburyB	2008	3:39.65
6	Szoo/Kautz/Blattler/Doerksen	2006	3:39.77
7	Szoo/KendrickJ/Doerksen/Kautz	2006	3:40.10
8	Kautz/KendrickJ/Maybury/Wolk	2007	3:40.25
9	Krysiak/Myers/MayburyB/Krywitsky	2008	3:41.32
10	Pham/Bobrosky/Mills/Jobin	2008	3:42.17

### 4 x 100 Medley Relay

1	Lefsrud/Doerksen/Murray/KendrickJ	2007	3:59.85
2	Wolk/Blattler/Kautz/KendrickJ	2007	4:00.57
3	Doerksen/Szoo/Kautz/Blattler	2006	4:04.68
4	MayburyB/Krysiak/Kautz/Freeman	2008	4:05.25
5	Doerksen/Szoo/Kautz/KendrickJ	2006	4:06.38
6	Doerksen/Dalen/Lefsrud/KendrickJ	2007	4:06.79
7	Lefsrud/Blattler/Kautz/KendrickJ	2007	4:06.81
8	Doerksen/Dalen/Kautz/KendrickJ	2007	4:06.89
9	KendrickJ/Dalen/Wolk/Blattler	2008	4:07.36
10	Myers/Wagner/Jobin/Krywitsky	2008	4:14.83

### 4 x 200 Free Relay

1	MayburyB/Wolk/Murray/KendrickJ	2007	7:48.39
2	Kautz/Wolk/Doerksen/KendrickJ	2007	7:51.52
3	Wolk/Kautz/Jobin/KendrickJ	2008	7:52.25
4	Kautz/Bobrosky/Krywitsky/Kendrick	2008	8:01.15
5	KendrickJ/Kautz/Wolk/Blattler	2007	8:05.88
6	Szoo/KendrickJ/Kautz/Doerksen	2006	8:07.68
7	KendrickJ/Kautz/Doerksen/Wolk	2007	8:07.83
8	Bobrosky/MayburyB/Blattler/Jobin	2008	8:14.71
9	Blair/Doerksen/KendrickJ/Vandervan	2006	8:15.24
10	Jobin/Blattler/Stewart/Mills	2008	8:16.50